

# arise

MAGAZINE



THE BSLT YOUTH PUBLICATION  
14

**BLESSING BANDA:  
THE UNLIKELY PATH  
TO PURPOSE.**

## TAKEOFF

*The Mirror Moment: Don't  
Let Compromise Write  
Your Story.*

*Dare to Takeoff: Five  
Foundational Principles for  
Launching Your Purpose.*

*The Future Is Digital:  
Invest Big to Take Your  
Business Higher.*



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## THE VISIONARY

DAVID NTALASHA CHISHA

[www.arisemagazine.online](http://www.arisemagazine.online)





*Dear Esteemed Young Visionaries,*

*Deep inside each of us, God has planted a dream, a vision meant not only to lift our own lives but to bless countless others. Some of you can see that purpose clearly; for others, it may still be a quiet whisper in your heart, waiting to rise.*

*But let's be real: the hardest part isn't having the vision, it's daring to launch it. Right before takeoff, doubt often speaks the loudest. Thoughts like "What if I fail? What if I'm not ready?" can keep your vision grounded.*

*But hear this: God wouldn't have given you that dream if He hadn't already equipped you to make it fly. You may not see the whole runway, but if you step out in faith, He'll guide you once you're in the air.*

*This edition of Arise Magazine, "Takeoff: Unleash Your Purpose and Soar," is about more than just starting. It's about finding the courage to leave the ground and let your purpose rise to where it truly belongs.*

*Bringing this magazine to life wasn't without doubts and delays but we discovered something powerful: the gap between dreaming and doing is crossed by faith, persistence, and the courage to keep going even when it feels hard.*

*Remember: every big vision starts as a fragile spark. It can fade through fear but if you protect it and dare to launch, it can light the skies for others.*

*As you read this edition, may it remind you: your purpose was never meant to stay on the ground, it was meant to soar.*

*With faith and hope,  
**David Ntalasha Chisha**  
The Visionary*



# FROM RUNWAY TO SKY: TURNING VISION INTO FLIGHT

*According to Forbes, around 90% of startups fail, with 10% failing within the first year. As Guy Kawasaki wisely put it, "The hardest thing about getting started is getting started." You may carry a powerful vision, but stepping out, taking off is often the hardest part. A University of Scranton study also found that while 92% of people set goals and dreams, only 8% actually achieve them. The waters look too deep, the storms feel too fierce, the purpose seems too heavy to lift and our own backgrounds keep us stuck on the runway.*

*Yet when we open the Bible, we see story after story of ordinary people who dared to launch not into shallow, safe places, but right into the deep, where faith was their only anchor, and the skies were their destination.*

*Think of Noah. God told him to build an ark, something no one had ever seen, in a world that had never known rain. People must have laughed and doubted, but Noah kept building, plank by plank, year after year. He launched into the unseen, trusting God more than the voices around him.*

*Then there's Abraham. God called him to leave his home, family, and everything familiar to go to a land He would show him. No map, no itinerary, just a promise. Yet the Bible simply says, "So Abram went..." That's faith: stepping out before you see where the path leads.*

*Or Moses. At eighty years old, burdened by past mistakes and feeling unqualified, God called him to confront Pharaoh and lead a nation to freedom. Imagine the fear and sense of inadequacy but Moses still launched into the impossible, trusting God to do what he couldn't.*

*Joshua faced giants and fortified cities after Moses' death. His strength wasn't in numbers but in God's promise: "Be strong and courageous... for the Lord your God is with you wherever you go." Joshua took off into a future that seemed impossible, anchored by that promise.*

*Gideon, the least in his family, was called to save Israel. God reduced his army from 32,000 to just 300 men against countless enemies. Talk about launching against overwhelming odds! Yet Gideon obeyed, and God turned the impossible into victory.*

*Queen Esther teaches us that sometimes launching isn't about starting something new, but risking everything we already have. Facing genocide against her people, she declared, "If I perish, I perish," and stepped into the king's court uninvited, choosing destiny over comfort.*

*And then there's Peter. In the middle of a stormy night, Jesus said, "Come." Peter stepped out of the boat, leaving what felt secure and walked on water by faith. Even when fear made him sink, his willingness to step out remains one of the most powerful pictures of faith in action.*

*Friend, God never calls us to stay in the shallow waters of comfort and predictability. The deep places; the skies, the unknown, the uncomfortable, the seemingly impossible are where purpose truly comes alive. Maybe God is calling you to start a business, write a book, serve your community, share your faith, or take a bold step toward your calling. And maybe it feels scary, uncertain, or even absurd. But remember: every great takeoff begins with a single step of faith not a perfect plan.*

# DARE TO TAKEOFF

## FIVE FOUNDATIONAL PRINCIPLES FOR LAUNCHING YOUR PURPOSE

**Arisers, dreams don't just take flight on their own, they need courage to lift off. Too often, we let doubt keep our purpose grounded, stuck on the runway gathering dust. But remember this: God didn't place that dream in your heart to tease you; He put it there because He has a plan to bring it to life! It's time to move beyond wishing and start doing. To guide us, we'll look to Jesus; the perfect example of what it takes to launch into purpose and stay the course. Some of us have rushed into takeoff too soon and found ourselves crashing or stalling midair. That's why a strong foundation is so important, it shapes how high you can soar and determines the destinations you'll reach. In this journey, I'm going to share five powerful, biblical principles that will help you take off with confidence and soar, because you were made for the skies!**

### 1. IDENTITY AFFIRMATION

Before Jesus ever preached a sermon, performed a miracle, or gathered followers, He received divine affirmation at His baptism: "This is My beloved Son, in whom I am well pleased." (Matthew 3:17). Friend, knowing who you are and whose you are is the foundation for everything else. When you know you're a child of the Most High God, you won't be shaken by what others say or by the storms of life. Too many young people today struggle with identity confusion. That confusion breeds anxiety, low self-esteem, and poor decisions. But Scripture says: "The people that do know their God shall be strong and do exploits." (Daniel 11:32). Before you take off, settle this in your heart: You are chosen, loved, and called for a purpose.

### 2. PREPARATION IN THE WILDERNESS

When God gives you a vision, it's exciting but don't mistake vision for immediate release. Even Jesus, after receiving His calling, spent 40 days in the wilderness praying and fasting (Luke 4:1-2). That season wasn't wasted. It was a time to strengthen His spirit, sharpen His focus, and prepare for the challenges ahead. Friend, maybe right now you're in a hidden place; preparing, studying, praying, planning. Don't rush it. God uses those seasons to build your character so your destiny won't crumble under pressure. Remember: When preparation meets opportunity, success is no longer a matter of chance.

### 3. DEPENDENCE ON THE WORD

When Jesus faced temptation, He didn't argue with the enemy or rely on His own strength. He simply said: "It is written..." (Matthew 4:4,7,10). The Word of God isn't just a book; it's your foundation, your anchor, your weapon. Everything God creates, He speaks into being. And the same goes for your purpose. Friend, root your vision in Scripture. Stand on His promises. When challenges come and they will; it's His Word that will keep you steady and move you forward.





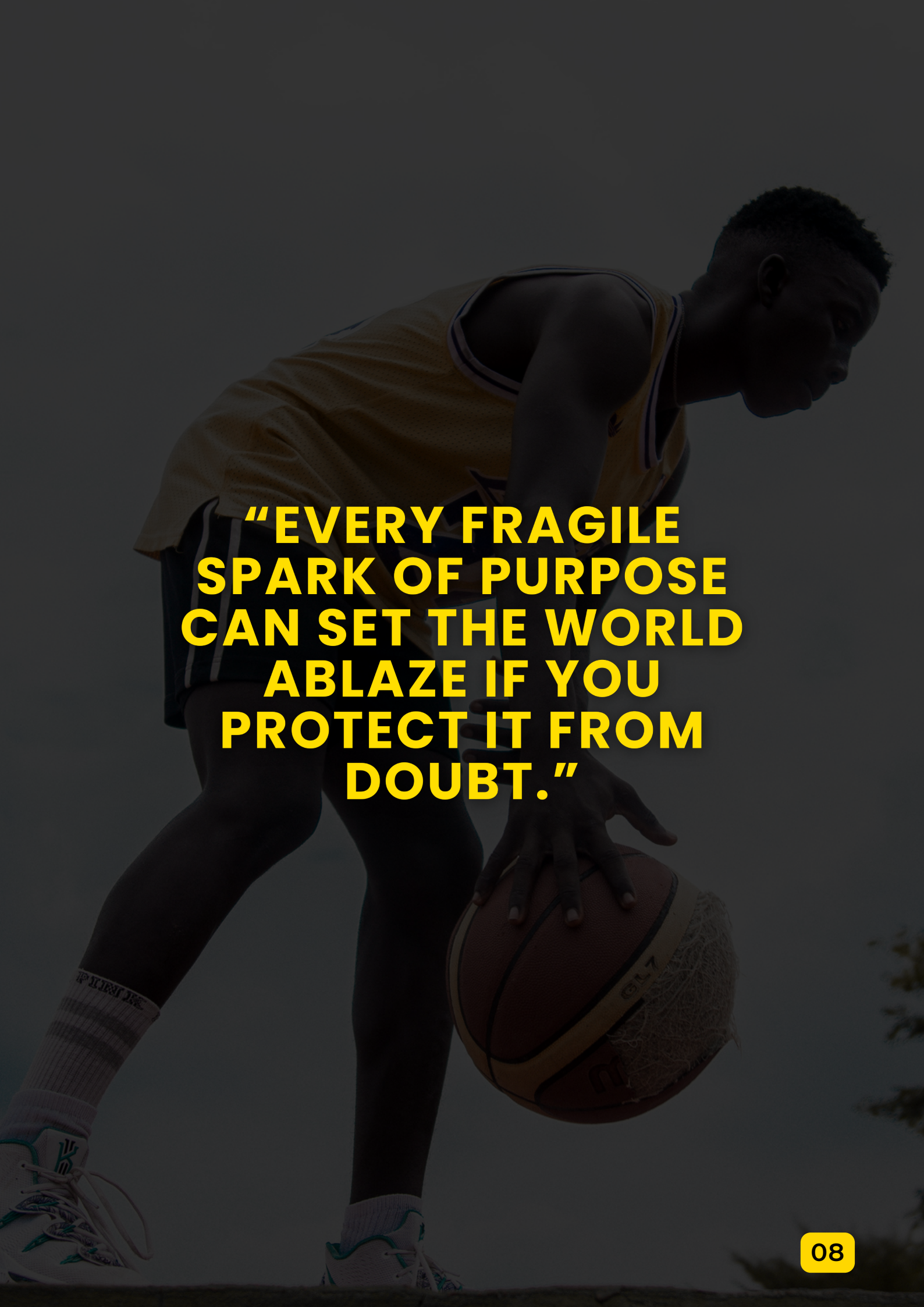
#### **4. EMPOWERMENT BY THE SPIRIT**

Jesus' disciples walked with Him, learned from Him, saw miracles for over three years. Yet He told them not to start their ministry until they received power from the Holy Spirit (Acts 1:4-8). After His wilderness season, Jesus returned "in the power of the Spirit" (Luke 4:14). Friend, your gifts and talents are wonderful, but lasting impact comes when you're empowered by God's Spirit. Pray daily, "Holy Spirit, guide me, strengthen me, anoint me for what You've called me to do." That power turns ordinary efforts into extraordinary impact.

#### **5. ALIGNMENT WITH KINGDOM PURPOSE**

At the start of His ministry, Jesus declared His mission boldly: "The Spirit of the Lord is upon Me... to preach good news... to set the oppressed free..." (Luke 4:18-19). His purpose wasn't just about Himself; it was about serving, healing, and restoring others. Friend, when your vision is aligned with something bigger than you, when it's about building God's Kingdom and blessing people; you unlock favor, provision, and breakthroughs you could never achieve on your own. "Seek first the Kingdom of God and His righteousness, and all these things shall be added to you." (Matthew 6:33)

**Don't let your vision stay trapped in your mind. Step out in faith. Trust that God, who gave you the dream, will also give you the strength, wisdom, and provision to see it through. Affirm who you are in Christ, Prepare in the hidden place, Stand on His Word, Seek the Spirit's power and Align your purpose with God's Kingdom. Friend, the takeoff may seem scary. But that's exactly where God does His greatest work. Now is your moment. Dare to takeoff and watch God exceed your wildest expectations.**

A basketball player in a yellow jersey and black shorts is shown in a low, athletic stance, dribbling a basketball. The player is looking down at the ball. The background is a dark, overcast sky. The quote is overlaid in the center of the image.

**"EVERY FRAGILE  
SPARK OF PURPOSE  
CAN SET THE WORLD  
ABLAZE IF YOU  
PROTECT IT FROM  
DOUBT."**



# DECISION CARD



## **"YOUR DREAMS ARE THE HEARTBEAT OF GOD'S PURPOSE."**

Take a bold step toward the life you were created for. Don't let fear, doubt, or obstacles keep you from stepping into the extraordinary destiny God has planned for you. Now is the time to align your dreams with His purpose. Partner with God today, and watch your vision become a reality.

Start your destiny empowerment journey with this prayer:

**"Dear God, I come before You, acknowledging my sins and my need for Your forgiveness. I believe in Your love and in the sacrifice of Jesus Christ, who gave His life for my salvation. I accept You as my Lord and Savior, and I surrender my life to Your guidance and grace.**

**Please forgive my past, guide me in the present, and secure my future. Fill me with Your Holy Spirit, and help me follow Your will for my life.**

**Today, I surrender my fears, doubts, and limitations to You. I ask for Your wisdom, guidance, and strength to step boldly into the destiny You have prepared for me. Help me to walk in faith, knowing that with You, all things are possible. I declare that my dreams are aligned with Your will, and I commit to partnering with You to make them a reality.**

**In Jesus' name, I pray. Amen."**

By praying this prayer you've accepted Jesus Christ as your Lord and Savior, we encourage you to find a Bible-believing church and connect with us. We'd love to pray with you and support you on this journey. You can also join our Arise Connect Groups to nurture and grow your faith.

**NAME:** \_\_\_\_\_

**DATE:** \_\_\_\_\_



## **BLESSING BANDA: THE UNLIKELY PATH TO PURPOSE.**

***Blessing Banda's journey is a powerful testament to the fact that where you come from does not have to dictate where you are going. It is a story of faith, resilience, and the relentless pursuit of a dream, all woven into the fabric of her professional achievements as "The Legal Host."***

Growing up in Chipata Compound, a place where teenage pregnancies, drug abuse, and child marriages were common, Blessing was a girl with a burning question: "How can I change my story?" Her father's death had forced her family to relocate, and she was acutely aware of the social pressures around her. But with the unwavering support of her mother and grandmother, she excelled academically, graduating from St. Paul's Secondary School with flying colors.

Despite her initial success, the path forward was filled with roadblocks. A promising scholarship to study abroad fell through due to the COVID-19 pandemic. Then, a glimmer of hope appeared when an organization promised to sponsor her at the University of Zambia (UNZA). For four months, everything seemed perfect, but her hopes were shattered when she discovered the organization had never even registered her. The funders had pulled out, and Blessing was left feeling like a failure, questioning her faith and her future.

Defeated and depressed, Blessing lost all hope of ever returning to school. But a friend from her church wouldn't let her give up. He encouraged her to apply for a scholarship at Cavendish University Zambia, a suggestion she initially dismissed. She had been offered a 50% scholarship from them before, which was only valid for one semester, and she had no faith that this time would be any different. She had, as she now reflects, "limited God."

However, a few weeks later, a strong conviction led her to try again. This time, her journey to the aptitude test was another challenge. She arrived two hours late after getting lost, and with only 30 minutes to complete a two-hour exam, she felt defeated before she even began. She left the exam room certain she had failed, but her story was far from over.





One Wednesday afternoon, a direct message on her phone changed everything. It was a message of congratulations; Blessing Banda had been awarded a 100% scholarship to study law. She was in shock. How could she have received a full scholarship after writing only a fraction of a competitive exam?

At just 22 years old, Blessing, affectionately known as “The Legal Host,” is a dynamic force making waves across Zambia and beyond. As a multi-talented corporate events host, personal branding trainer, and law graduate, she is redefining what it means to be a young achiever. While her story of academic resilience is a testament to her unwavering faith, her professional portfolio is a masterclass in turning potential into purpose.

Blessing has leveraged her expertise in communication and personal branding to create impactful, lasting events. She has commanded some of the most prominent stages in the region, from moderating a legal session at the Ministry of Youth's National Youth Week to hosting the International Youth Summit on Land Reforms and Economic Liberation in Harare, Zimbabwe. Her work has even earned her an opportunity to meet the President of Zimbabwe.

But Blessing's influence extends far beyond the stage. Through her capacity-building sessions, she empowers individuals and start-up organizations with the practical skills needed to thrive professionally. Her dedication is also evident in her leadership roles, having served as the first-ever female Law Faculty President at Cavendish University and as a volunteer for various community organizations.

Her exceptional work has not gone unnoticed. Blessing has been honored with the Rising Star of the Year 2024 award and was profiled as a “Woman to Watch” by the Zambia Daily Mail. She was also recognized as one of the 100 African women making a significant positive impact. These accolades are a reflection of her dedication and purpose-driven life.

**Blessing Banda's journey is a powerful message to all young people that your past does not have to limit your future. It's not about where you start, but about the relentless discipline, faith, and hard work you invest in where you're going. Her message is clear: Don't limit God. Your story of triumph is waiting to be written.**

# **STAND OUT, SHOW UP, SUCCEED BY BLESSING BANDA**

Every success story begins with a choice. Where you are today is the sum of the decisions you made yesterday, and where you will be tomorrow depends on what you choose today. My story is living proof of this truth. As a student at Cavendish University, I refused to sit quietly in the background. I dared to step forward, to lead, and eventually became the first-ever female president of the Law Faculty. That moment wasn't just a personal victory, it was a reminder that no one is coming to save you. You must be your own hero.

## **CHOOSING TO STAND OUT**

To the young people reading this, I want you to know this: greatness belongs to those who stand out. It's easy to blend into the crowd, but history is written by those who dare to be different. Fear will always show up at the edge of something extraordinary. Don't let it stop you, let it guide you. I started small. My journey in public speaking and event hosting began in 2022. My first corporate event wasn't perfect but it was a start. Since then, I have hosted more than 50 events. That growth didn't come by luck. It came through hard work, listening to mentors, reading widely, and practicing until I got better.

## **LESSONS LEARNED**

Through my journey, I've learned that success isn't just about hard work, it's about showing up right. Show up prepared. Show up authentic. Show up with excellence. When preparation meets opportunity, success is not just possible, it's inevitable. Never let your background limit your future. You may not choose where you were born, but you can choose who you become. If you cannot yet create the future you want, then start by creating yourself for the future. Position yourself so that when destiny calls, you are ready.

## **RECOGNITIONS ALONG THE WAY**

The recognitions I've received are not just awards, they are reminders of what persistence and resilience can achieve:

- Rising Star of the Year (2024): Haven Properties Youth Summit.
- "Woman to Watch" (2023): Profiled in the Zambia Daily Mail.
- Aspires Leadership Program Graduate (2022): Harvard Business School.
- SheRebuilds The World Alumna (2023): Latvia-based development program.
- Top 100 African Women: Recognized by Kenyan Women in Leadership and the International Renaissance Center.

## **A WORD TO THE FUTURE**

To my future self and to every young dreamer, I say this: don't stop now. The path ahead is brighter than what lies behind. Your future will be a reflection of the work you're doing right now. So keep going, keep pushing, and keep building a life that makes you proud. Because in the end, heroes are not born they are made. And you, too, can be your own hero





# A DIAMOND FROM THE DUST

BY DAVID NTALASHA CHISHA

What makes Blessing's story so compelling is that it comes from a youth, one of us. Often, we celebrate the journeys of prominent individuals who have gone ahead of us. But here, we see a living testimony of faith, resilience, and grace rising from the very heart of adversity. Blessing's journey is not just her story; it is a mirror for every young person navigating challenges and searching for purpose.

As I reflect on her story, here is my counsel to every youth:

- **Don't let your environment define you:** Just as Blessing refused to let the negative narratives of Chipata Compound shape her destiny, you too must recognize that your background is not your end.
- **Turn fear into curiosity:** Fear made Blessing question her future, but it also pushed her to ask, "Who will I become? How can I change my trajectory?" Let your fears fuel your quest for purpose.
- **Expect and endure disappointment:** From a failed international scholarship to a broken promise at UNZA, Blessing encountered painful setbacks. Yet, her story proves that failures are stepping stones, not final stops.
- **Process your pain:** Don't bury your feelings. Blessing admitted to feeling shattered by failure, but she found the grace to pull through. Healing starts with acknowledging the pain.
- **Refuse to be a victim:** She could have remained in self-pity, but Blessing chose to rise, rewrite her narrative, and try again. That's strength.
- **Don't limit God's power:** At one point, she lost hope and nearly missed applying for the Cavendish scholarship, underestimating what God could do. Remember, He can make a way where none seems to exist.
- **Take a risk, even in doubt:** With little faith but deep conviction, Blessing still applied and sat for the test. Sometimes obedience comes before belief; courage is acting even when your feelings don't align.
- **Turn disadvantage into character:** Arriving two hours late for an exam should have disqualified her. Instead, it became a testament to her determination. Your setbacks can transform into your strongest testimonies.
- **Resilience will be rewarded:** Every time Blessing refused to quit, she was planting seeds. The harvest came in the form of a 100% scholarship. Perseverance always bears fruit.
- **Your story is for others:** Her testimony is not just hers, it uplifts countless youths who now know that triumph is possible. Your life, too, is a light for others.
- **Be open to divine redirection:** The path she thought was hers, international studies or UNZA; closed. Yet God redirected her toward a better plan. Trust His rerouting.
- **Live to prove the odds wrong:** Blessing is a living contradiction to statistics and societal expectations. She shows that your environment does not dictate your destiny.

Her life is a reminder that diamonds are formed under pressure, but they shine brightest when lifted from the dust. Embrace your story. Persevere through setbacks. Cultivate a strong mindset. Act with purpose. Like Blessing, you too can rise, shine, and inspire a generation.



# USING THE PRINCIPLES OF THE PLANE FOR YOUR DESTINY TAKE OFF

## **RUNWAY PREPARATION: YOU NEED A GROUND PLAN**

Before a plane takes off, it aligns itself on the runway. Likewise, before your destiny takes flight, you need alignment: vision, prayer, planning, and discipline. Without preparation, potential never becomes progress.  
"Write the vision and make it plain..."  
(Habakkuk 2:2)

## **LIFT: THE POWER OF FAITH**

Lift is what actually gets the plane into the air and faith is what lifts your dreams off the ground. Doubts may weigh you down, but faith says, "It's possible."  
"With God all things are possible."  
(Matthew 19:26)

## **NAVIGATION: KNOW WHERE YOU'RE GOING**

A pilot doesn't take off without a flight plan. You, too, need direction, your God-given purpose, guided by prayer, mentors, and wisdom.  
Don't just go fast; go in the right direction.

## **THRUST: INTENTIONAL EFFORT**

Planes overcome gravity through thrust; steady, focused power pushing forward. Your vision also needs thrust: hard work, consistency, and intentional choices.  
Faith without action stays grounded; purpose only lifts off when effort meets grace.

## **DRAW: EXPECT RESISTANCE**

Planes always face drag, wind pushing against them. Likewise, criticism, fear, and setbacks come with every big vision. But here's the key: drag doesn't stop the plane, it helps it stabilize.  
Your struggles don't have to ground you; they can balance you.

## **MAINTENANCE: KEEP CHECKING YOUR HEART**

Even mid-air, planes get constant monitoring. Likewise, regularly check your motives, attitudes, and habits. Small cracks ignored today become major failures tomorrow.  
Stay humble. Stay teachable. Stay accountable.



# *Reality* **CIRCLE**

## **DESTINY FIRST: CHOOSING PURITY IN A WORLD OF PRESSURE**

Hey Champion,

Let me remind you of something powerful today: You weren't created to give yourself away cheaply. There is greatness inside you, a destiny only you can fulfill, and premature sex is stealing focus, energy, and destiny from so many. It's easy to think "everyone is doing it," or to give in to pressure, but the truth is: God didn't design you to settle for temporary pleasure, He called you to walk in lasting purpose.

### **STATS TO KNOW**

- 1 in 4 teens contracts a sexually transmitted infection each year.
- Early sexual activity increases the risk of unplanned pregnancy and dropping out of school.
- Many young people who regret early sexual encounters say it derailed their confidence and future plans.

### **WHY CHOOSE ABSTINENCE?**

Because your future is too precious to gamble with. You deserve clarity, peace, and freedom to step into your calling; without shame, fear, or regrets. Choosing abstinence is not about missing out; it's about protecting the treasure you are and preparing for the right time, the right person, and God's best for your life.

### **LET'S TALK ABOUT IT**

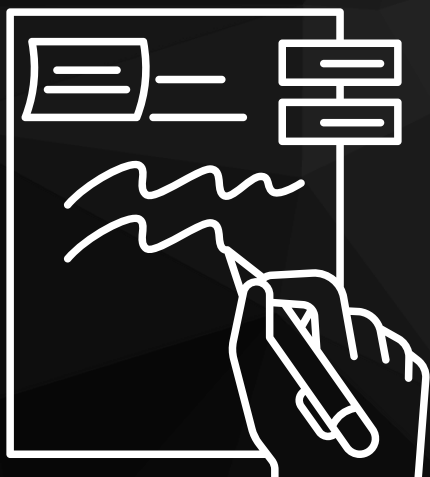
The pull of peer pressure is strong, but so is your calling. Every "no" to temptation is a "yes" to your future. Every choice of self-control strengthens your destiny. Remember, your body is a temple, your mind is valuable, and your future is too bright to be dimmed by a moment's mistake. Abstinence is not weakness, it's power, discipline, and vision.

### **TAKE ACTION NOW**

- **Set Boundaries:** Decide now what you will and won't allow; don't wait for the heat of the moment.
- **Focus on Purpose:** Pour your energy into building your gifts, education, and dreams.
- **Choose Friends Wisely:** Surround yourself with people who respect your values and support your goals.
- **Stay Anchored in God:** Prayer, scripture, and accountability will keep you strong.

You don't have to live by the world's standards. You were made to rise higher, shine brighter, and walk in purity. Your "no" today is a "yes" to a brighter, stronger tomorrow.





# THE MIRROR MOMENT

***Don't Let Compromise Write Your Story***

Hey young visionary!

Let's get real for a second. Have you ever stood in front of the mirror and asked, "What's really draining my purpose?" Is it the people around you? The pressure? Or could it be your own choices? Let's talk about the habits we don't post about:

- Substance abuse that numbs the pain but also numbs your potential.
- Masturbation that feels like a quick escape but quietly steals focus and spiritual fire.
- Laziness that feels comfortable now but bankrupts your tomorrow.
- Peer pressure that makes you blend in while your calling was made to stand out.

These aren't just habits, they're destiny thieves. They subtract quietly, but the cost shows up loudly.

## **IT'S TIME FOR A MIRROR MOMENT**

Ask yourself some raw, no-fluff questions:

- What habits am I secretly protecting that are openly sabotaging my future?
- Do these choices really give me freedom or do they keep me chained?
- Am I living to feel good for a moment, or to build something that lasts?
- Would my future self thank me for this or beg me to stop?
- What's the real price I'm paying to fit in? And is it worth my purpose?

## **THE COST OF COMPROMISE**

You were not created to self-destruct. You were crafted to impact, to lead, to create. Bad habits are never neutral; they steal vision, drain energy, and blur purpose. The Bible says, "Everything is permissible...but not everything is beneficial" (1 Corinthians 10:23). Just because it's popular doesn't mean it's profitable for your calling. Addictions numb your fire. Laziness delays your destiny. Compromise costs your crown. Your calling can't afford casual choices. Purpose isn't built on pleasure; it's built on discipline. Small compromises today become regrets tomorrow. Small disciplines today become legacy tomorrow.

## **SO WHAT NOW?**

- Break the cycle: Name the habit. Pray over it. Seek help if you need to.
- Choose purpose over pleasure: Every time. Even when no one sees.
- Find your tribe: Walk with people who hold you higher, not pull you lower.
- Replace old habits with vision habits: Read, plan, pray, build, serve.

**Your generation isn't waiting for perfection; it's waiting for authentic leaders who choose purpose over patterns. Get up. Lock in. Detox. Refocus. Live different. Don't let bad habits write a story your calling didn't sign up for.**

**YOU ARE NOT ALONE!**



***Feeling overwhelmed? Struggling with anxiety, stress, or depression? Facing challenges in relationships? Battling thoughts you're too scared to share? We're here for you and we're listening.***



- Relationships
- Anxiety & panic
- Managing daily stress
- Depression & hopelessness
- Thoughts of suicide or self-harm

**Talk to someone who cares:**

**+260 976 733 204**

***All services are 100% free and confidential.  
Don't fight your battles alone. Reach out today because  
your life matters, and help is here.***





## **THE FUTURE IS DIGITAL: INVEST BIG TO TAKE YOUR BUSINESS HIGHER BY DR WALUBITA SIYANGA.**

*The world has entered a season where digital is no longer optional, it is essential. Every serious business must recognize that technology is the new marketplace, and investment in digital tools is the ticket to growth, relevance, and sustainability.*

*From e-commerce platforms to data-driven decision-making, digital transformation is reshaping industries. Businesses that embrace online visibility, automation, and digital marketing are not just surviving they are thriving. On the other hand, those who ignore this shift risk being left behind in a fast-changing economy.*

*I have been teaching people about online business for years, and I have seen firsthand how small enterprises scale up when they go digital. The results are undeniable; greater market reach, improved efficiency, and increased profitability. If your business is to survive the current and coming economic storms, you have no option but to embrace online business.*

*But here's the truth: going digital requires bold investment. Whether it is upgrading IT infrastructure, training staff in digital skills, or leveraging artificial intelligence and cloud solutions, you must be willing to commit resources. Small steps produce small results; significant investment opens doors to exponential growth.*

*Think of global brands that dominate today, they grew by leveraging digital platforms and investing heavily in innovation. Your business, no matter the size, has the same opportunity. The digital space levels the playing field, allowing startups and small enterprises to compete with giants, if they are willing to invest.*

*In short, the future belongs to the digital investor. If you want your business to go higher, you cannot just dip your toes, you must dive in and invest big. The rewards will not just be financial; they will position your brand as a leader in tomorrow's economy.*





## **EMBRACING THE JOURNEY OF PERSONAL GROWTH THROUGH PURPOSE AND VISION DISCOVERY BY IMMACULATE REGINA SIKANYIKA**

*The journey of self-discovery is never simple, it is a path marked with questions, doubts, resilience, and breakthroughs. For many young people, the greatest struggle is finding clarity: Who am I? Why am I here? What difference can I make? Discovering purpose and vision goes beyond chasing ambitions, it is about unlocking hidden treasures within and daring to rise above limitations.*

*One young leader who has embraced this path with courage is Luckson Chomba, a passionate youth activist and mental health advocate. His journey reflects the struggles that many young people silently face; moments of confusion, feelings of inadequacy, and the pressure of living up to expectations. Yet through it all, he has chosen resilience, faith, and purpose as guiding lights.*

*Chomba's life has not been without challenges. Like many of his peers, he wrestled with questions of identity and direction. Instead of allowing uncertainty to silence him, he transformed his struggles into lessons and his pain into purpose. His reflections are captured in his book, "The Struggle to Self-Discovery: Keys to Personal Growth," where he candidly shares his journey of uncovering identity and cultivating a vision-driven life. Through his writing and advocacy, Chomba emphasizes that self-discovery is not a one-day achievement but a continuous process of reflection, endurance, and courage. It requires unlearning limiting beliefs, embracing personal strengths and weaknesses, and daring to walk a path that aligns with one's God-given calling.*

*What stands out in Chomba's advocacy is his unshakable belief that every young person carries greatness within. To him, fear is not the end of the road, it is only a setback, an invitation to rise stronger. His message is clear: personal growth is not reserved for a select few; it is a journey for all who are willing to endure, reflect, and believe in their vision.*

*As he continues to inspire others, Chomba represents a generation of youth leaders who are not waiting for change to happen, they are becoming the change. His story is a reminder that purpose is not found in comfort zones, but in the courage to confront one's struggles and live with authenticity. Every step toward self-discovery is a step toward fulfillment. By choosing resilience over fear and purpose over distraction, young people can build a future that is not only successful but also meaningful.*

*As Chomba's journey reminds us: Unfold your worth. Live with vision. Lead with purpose. The time is now.*



# WHEN DREAMS TAKE FLIGHT

## VERSES OF ARISE POEMS

*You are not meant for the runway, To linger in the ground's gray  
dust. Your soul was forged for open skies, To climb on currents,  
air, and trust. The engines roar, the path is clear, But you are  
meant for greater things, Than just the start, the taxi's cheer; You  
were born with destiny's wings.*

*And now, the moment is at hand, To leave the earth you've  
known so long. No more delay on solid land, It's time to rise  
where you belong. Let dreams mount up on feathered might,  
Unleash the vision, bold and deep, And make your glorious, first  
true flight, From all the promises you keep.*

*Do not avoid the gathering clouds, The thunder's crash, the  
lightning's flash. The fearful silence of the crowds, The sudden,  
gut-wrenching dash. For storms don't come to break your flight,  
They don't arrive to bring you low, But to reveal your inner light,  
And teach you strength you didn't know.*

*The winds of challenge, hard and swift, Will carve and shape  
what you hold dear. They are a refining, holy gift, To chase away  
all doubt and fear. They make your spirit strong and keen, They  
test the fiber of your soul, Till from the tempest, you emerge  
serene, And fly toward your destined goal.*

*So leave the safety of the earth, The well-paved road, the  
measured line. Embrace the moment of your birth, And claim a  
purpose so divine. It's time to rise, it's time to soar, To where the  
stars and heavens meet. Go chase the dreams you've waited for,  
And find the victory that's sweet.*





# CULTIVATING HEALTHY HABITS

## BUILD HEALTHY FRIENDSHIPS

*On cultivating healthy habits, I want to encourage you today: don't just look for people who make you feel comfortable, look for people who make you better. The right friends won't let you stay where you are; they'll lovingly push you forward, cheer you on, and remind you of who God created you to be.*

*You weren't meant to do life alone, and you weren't meant to walk with people who keep you small. God has divine connections for you, friends who will speak life into your dreams, pray for you when you're weak, and celebrate the victories you didn't think were possible. Remember, it's better to walk alone for a little while than to walk with the wrong people forever. Surround yourself with those who help you rise higher, not those who keep you stuck.*

### **THREE KEYS FOR BUILDING HEALTHY FRIENDSHIPS:**

#### **1. Be intentional about your circle.**

*Don't leave it to chance. Pray for the right people. Look for friends who share your faith, your values, and your vision, people who see the greatness God has put inside you.*

#### **2. Invest and show up.**

*Great friendships don't just happen; they're built. Show kindness, listen well, and be there in the highs and lows. When you sow encouragement and loyalty, you'll reap the same in return.*

#### **3. Communicate openly and set healthy boundaries.**

*Honesty keeps relationships strong. Share your heart, speak up with grace when something feels off, and respect each other's space. Boundaries aren't walls; they're gates that keep relationships healthy and thriving. Remember, God didn't call you to fit in, He called you to stand out. And the right friends will help you do just that.*





## SEVEN TAKE OFF DECLARATIONS

**1. I declare that I will not fear the depth of my calling. Even when the waters look deep and the winds blow fierce, I will launch out by faith, trusting that God has already gone before me.**

"When you pass through the waters, I will be with you..." Isaiah 43:2

**2. I declare that my past, my doubts, and my shortcomings cannot anchor me to the shallow. I am made for more, and I will step boldly into uncharted waters where purpose lives.**

"Forget the former things; do not dwell on the past. See, I am doing a new thing!" Isaiah 43:18-19

**3. I declare that like Noah, I will build what has never been built; like Abraham, I will go where I've never gone; like Moses, I will lead beyond what I think I can carry.**

"By faith Noah... built an ark to save his family." Hebrews 11:7

**4. I declare that I will choose courage over comfort, destiny over safety like Esther, I will rise for such a time as this, knowing that obedience is greater than fear.**

"...And who knows but that you have come to your royal position for such a time as this?" Esther 4:14

**5. I declare that though my resources may seem few like Gideon's army, my God is greater than every obstacle, and victory belongs to Him.**

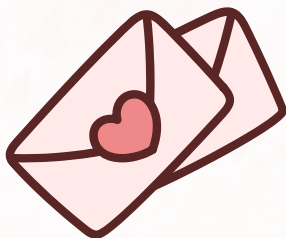
"Not by might nor by power, but by My Spirit," says the Lord Almighty." Zechariah 4:6

**6. I declare that when God says, "Come," I will step out of the boat out of the predictable, out of the safe and walk on water by faith, even when my knees shake.**

"Then Peter got down out of the boat, walked on the water and came toward Jesus." Matthew 14:29

**7. I declare this is my season for takeoff. No more delays. No more excuses. By the Spirit of God, I am launching into the deep and I will see the impossible become my testimony.**

"With man this is impossible, but with God all things are possible." Matthew 19:26



## A LOVE LETTER TO MY *Daughters*

*My Beloved Daughters,*

*I sense you might be wrestling right now; standing at the crossroads of who you've been and who you're becoming. Maybe the next step feels blurry. Maybe your strength feels small. But hear me: do not shrink back just because you are a girl.*

*You were created with intention. Heaven has already stamped you as well able, equipped, and prepared for every good work. You are not overlooked. You are not forgotten. You are the daughter of a King who handcrafted your purpose long before anyone knew your name.*

*It's time to discover who you truly are beyond the labels and expectations of this world. Embrace your individuality. Lean in to your God-given assignment. And when fear whispers, let faith roar louder.*

*To do this, you must cultivate a life anchored in prayer and consecration. These are not just disciplines; they are the fuel for your destiny. They will strengthen your spirit, silence doubt, and unlock doors that no man can close.*

*Daughter, this is your season for take off. Rise above what has tried to hold you back. Step boldly into the unknown, knowing that you carry heaven's endorsement. And always remember: with God, nothing, absolutely nothing, is impossible. I'm praying with you. I'm believing for you. And I can't wait to see the woman you're becoming.*

*With all my love,*  
**Mrs. Bupe Mwape Chisha**  
*CEO, Arise Magazine*

*#RaisingANewBreedOfWomen #FreshStart #AriseGirls*





***“DREAMS REMAIN  
DREAMS UNTIL COURAGE  
GIVES THEM WINGS.”***

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