MAGAZINE From Freetown to the World: The Rise of Almon Sall. Innovative Currencies to Finance Your Future.







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Dear Esteemed Young Visionaries,

Every great dream begins with a spark, a picture in your heart that refuses to fade. But here's the truth: one of the biggest hurdles young dreamers and entrepreneurs face today is raising capital. You can have the blueprint, the passion, and the product, yet finding the financial fuel to turn your ideas into impact can feel like climbing Mount Everest barefoot. It's exhausting, frustrating, and sometimes discouraging.

The sad reality? Many dreams don't die because they lack potential. They die because they lacked the support to survive their early stages.

In a world where access to funding is often limited by status, collateral, or privilege, the question is; where do you turn when the bank says no? That's why this special edition, Beyond the Bank: Innovative Currencies to Finance Your Future, was created with you in mind. Here, we open your eyes to unconventional, creative, timeless, and community-powered ways to fuel your dream. Because the truth is, money is not the only currency you can trade with and in God's economy, it's not even the most powerful one.

We know your story: you have the vision, you knock on doors, you send proposals, you pitch your heart out. But too often, you leave empty-handed. Raising capital isn't just a financial challenge, it's an emotional one. Every "no" can feel like a verdict on your dream.

Yet here's the proof that it can be done: Arise Magazine is distributed for free, began with zero financing, and is growing stronger every month because we dared to use unconventional strategies to keep the vision alive. If the bank says no, you don't stop. You build your brand, grow your network, and become so valuable that opportunities start chasing you.

My prayer is that this edition will equip you with the tools, mindset, and courage to make your dream fundable and unstoppable. So, young visionary, don't give up. Don't settle. Don't wait for permission. Remember: the money might not be in your hands yet, but the vision is already in your heart and that's where all great ventures begin. Let's rise together, beyond the bank, into a future where your potential is fully unlocked.

With expectation, **David Ntalasha Chisha** The Visionary

BEYOND THE BANK

Someone once said, "The size of your dream will always be tested by the size of your faith." Many times, the challenge isn't that your dream is too big, it's that the resources in front of you seem too small. We often think we need to have it all figured out, all saved up, or all approved before we begin. But God has a way of taking the little we have, adding His blessing, and multiplying it beyond what we could imagine. The truth is, He is not limited to the usual channels. History, both biblical and modern, shows us that the greatest visions are often fueled by the most unexpected means.

Think about Joseph. When he began to share his dreams, nobody believed him. In fact, his words stirred jealousy and hatred among his own brothers. They couldn't see that his dreams carried a divine strategy that would one day feed nations during famine. Or think about Noah. He began building an ark when there wasn't a cloud in the sky. People laughed, mocked, and shook their heads. But what they called foolish became the very vessel that saved his family and preserved humanity.

The truth is, your dream will not always make sense to the crowd. Sometimes it will look strange, risky, even impossible. But that's exactly why you have to think beyond the box. God has never been short on creative ways to fund His vision. He sent ravens to feed Elijah in the wilderness. He took a widow's last jar of oil and turned it into enough to pay her debts and live on. He took a boy's small lunch and fed thousands.

When you dare to think differently, doors open that you never saw before. You're no longer held hostage by what the bank says. You attract the right people, the right partnerships, the right opportunities. And you build a resilience that no setback can destroy.

So don't wait for the perfect funding to appear in the most obvious way. Pray for God's wisdom. Be open to unusual ideas. Take bold steps when others hesitate. If you limit your methods, you limit your miracle.

That dream in your heart might not make sense to everyone, but like Joseph's interpretation that saved Egypt and Noah's ark that preserved life, your Godinspired vision can change the world, if you dare to believe, to act, and to think beyond the bank.

WHEN THE BANK SAYS NO

NINE UNCONVENTIONAL CURRENCIES TO FINANCE YOUR FUTURE

We've all stood in that place; vision blazing in our hearts, passion burning like fire in our bones, a plan so big it could change lives... but the money just isn't there. The bank slams the door. Investors get nervous. Your savings run dry. And you start to wonder, Lord, how will I make it? But hear me today, in God's economy, money is only one form of currency! There are other kinds of wealth, deeper, stronger, more enduring than paper and coins. These are resources Heaven placed in your hands long before you ever needed a loan. If you dare to go unconventional, you can start funding your dream from right where you are. Lay your foundation on these nine currencies, and I declare, you will never go broke. Your vision will rise, your destiny will take flight, and your dream will soar like an eagle. Here are nine currencies that may already be in your grasp, waiting to finance your future:

1. YOUR RELATIONSHIPS (FAMILY & FRIENDS)

Your network is a valuable form of capital. The right relationships open doors and provide resources money can't buy. Start cultivating meaningful connections today. Don't burn bridges unnecessarily; build them. And it's not just about connecting with those who have money, every person matters. Build relationships based on revelation and purpose. When Joseph interpreted the dream of Pharaoh's cupbearer, he didn't know that connection would bring him before the king and into a position to save nations. Never underestimate the people you know or the people they know.

2. WISDOM

Solomon's understanding drew leaders from around the world, who brought gifts and wealth to hear him speak. Understanding your field, your audience, and your season makes you a magnet for resources. Many small businesses survive downturns not by having more money, but by making smarter decisions like shifting online or diversifying products. Pray for wisdom; it's the ultimate game-changer. When you see things as more valuable than money, money will be attracted to you. You become a solution hub, and people seek you out. Proverbs 16:16 says, "How much better to get wisdom than gold, to get insight rather than silver!" Joseph didn't just dream, he had the wisdom to store grain in times of plenty so he could sell it in times of famine.

3. YOUR TALENT

Package your talents. Your skills don't just enhance your value; they unlock doors and put you at the table with the greats. Your God-given abilities are tradeable assets. David's harp-playing brought him before King Saul long before he wore a crown. Whatever your gift; whether designing, speaking, cooking, or fixing can open doors that money alone never could.

4. POWER (INFLUENCE & POSITION)

Influence is currency. Esther was placed in the palace "for such a time as this." She didn't have personal wealth to save her people, but she had the ear of the king. Your position; whether at work, in community, or in leadership can unlock opportunities for others to invest in your dream. And this power goes beyond physical position; be empowered by the Holy Spirit. The disciples were limited until power came upon them.

06



5. KNOWLEDGE AND UNDERSTANDING

A farmer who understands weather patterns and soil conditions produces crops others can't and sells at a premium. Knowledge is expertise, innovation, and specialized skill. Daniel's insight brought him before kings in Babylon, earning honor, position, and resources. The right knowledge can be exchanged for influence, payment, or opportunity. In the digital age, tech skills can be traded for services, goods, or partnerships. Commit to continuous learning. Never stop growing, those with the deepest understanding always control the room.

6. FAVOR

Proverbs 22:1 says, "Favor is better than silver or gold." Nehemiah rebuilt the walls of Jerusalem not through loans, but through the favor of the king, who gave him timber, letters of authority, and safe passage. Favor can place you in rooms you couldn't afford to enter. It is a powerful currency.

7. A GOOD NAME / REPUTATION

A good name is like credit you carry everywhere. Proverbs 22:1 reminds us it's more desirable than great riches. Your reputation can secure partnerships, endorsements, and invitations that money can't buy. A consultant with a track record of honesty and excellence finds that clients refer her without advertising because her name carries weight.

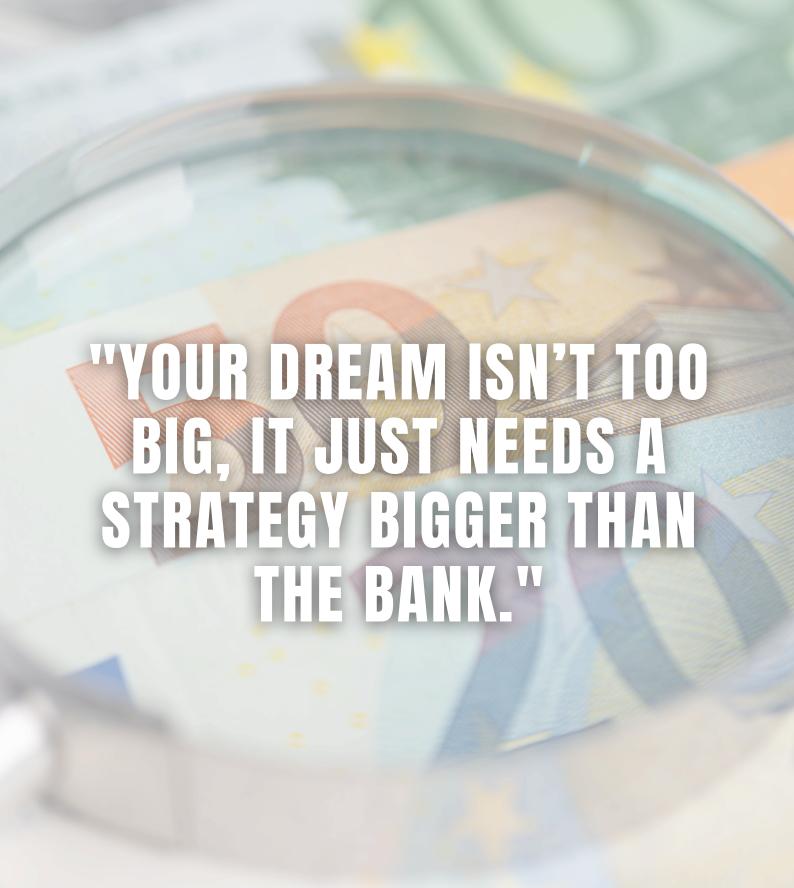
8. WISDOM OF GOD'S WORD (FAITH)

Faith is a spiritual currency. 1 Peter 1:7 says it's of greater worth than gold. Jesus fed thousands with a boy's small lunch because someone believed. Faith unlocks provision in ways that defy human logic. The key to building your faith is the Word of God. Speak it and create wealth.

9. RIGHTEOUSNESS & INTEGRITY

Integrity is a long-term wealth builder. Job's integrity preserved his influence even after loss, and God restored his fortunes. People invest in those they trust. When you walk uprightly, you attract support that no amount of marketing can buy.

When the bank says no, Heaven still says yes. Your dream isn't limited by the balance in your account, but by the faith in your heart and the creativity in your mind. God has already placed currencies in your hands; relationships, skills, wisdom, favor, integrity and these can open doors, attract partners, and fund your future in ways you never imagined.





SAY YES TO YOUR NEXT LEVEL DESTINY

Your dreams are the heartbeat of God's purpose for your life.

You weren't made to live ordinary. You were created for greatness, for impact, and for a divine destiny. God has a beautiful plan just for you, and He's waiting on your "yes." Don't let fear or doubt steal your breakthrough. Your best days are ahead!

When you align your dreams with God's purpose, He will breathe new life into your vision. Trust the One who knows your beginning and your end and watch doors open, mountains move, and miracles happen.

Say this prayer with me:

"Father, I come to You with an open heart. I receive Your forgiveness and embrace Your grace. Today, I choose to walk in the destiny You have designed for me. Fill me with Your Holy Spirit. Take away every fear and doubt. I believe my dreams are from You, and I'm ready to step into all You've planned. In Jesus' name, Amen."

If you just prayed that, congratulations! You've made the most important decision of your life, a new chapter is beginning.

Here's what to do next:

Find a church that will inspire and uplift you.

Reach out to us, we'd love to pray with you and support your walk.

Join our Arise Connect Groups to grow your faith and unleash your God-given potential.

Remember, you were never meant to do life alone. Together, let's watch God exceed every expectation in your life!

Name:	 	
Date: _		

FROM FREETOWN TO THE WORLD: THE RISE OF ALMON SALL.

humble beginnings in From Freetown to the global stage, Almon Sall Kamara, widely known as Almon Sall, has become one of Africa's most inspiring and influential male model and pageant King. A dynamic public figure whose name resonates with success, elegance, and perseverance. His indeed journey is testament to determination and self-belief; the very reason he is seen as the most decorated male model in Sierra Leone.

Aside the fact that he holds a Bachelor's degree in Public Sector Management at the prestigious Institute of Public Administration and Management, commonly called IPAM, he also embodies the modern African dream, which is balancing education, ambition, and artistry.

His journey began with a passion for fashion and entertainment, nurtured through early struggles that only strengthened his resolve. Coming from a highly religious and well disciplined family background, Almon faced a lot of embarrassment and rejection at the start of his career. His mother was her only beacon of hope who supported and encouraged him to continue pursuing his dream of becoming a renowned model.

After losing very few pageants, he refined his craft through discipline, fitness, and self-improvement, setting the stage for a breakthrough that would redefine his career.





In 2018, Almon's talent shone at the Mister Sierra Leone pageant competition, marking the start of a meteoric rise. His defining moment came in 2021, when he proudly represented Sierra Leone at the Mister Glam International pageant held in Manila Philippines and won 2nd Runner-Up out of 32 countries, along with awards for Most Outspoken Model and Best Beach Body. That same year, he was nominated for Best Upcoming Male Model in Asia, showcasing his growing global appeal.

Almon's star continued to ascend as he made record of being the first Sierra Leonean to participate and represent his country at the Mister International pageant in Philippines, again, and later became the Best Male Model of the Year at the African Designers Fashion Award 2023 held in Lagos Nigeria. His versatility expanded further through acting and brand ambassadorships with top companies and businesses like Africell SL, Marks Clothing, AYV television etc. cementing his influence as not just a model, but a cultural icon and role model for young Africans.

He participated in Housemate Salone Reality TV Show 2022, where he emerged the 1st runners up at the end and won the Mister Housemate Salone title during their time at the house, which in turn amplified his public profile and opened doors to new opportunities, collaborations, and connections with majority Sierra Leone elites, government stake holders and entertainment executives.

Through every platform, Almon has remained grounded using his voice to inspire others to chase their dreams, no matter the odds.

Beyond the cameras, Almon enjoys a balanced life filled with fitness, travel, and personal growth. Known for his humility and quiet confidence, he continues to pursue excellence while empowering others through his story.

Today, Almon Sall continues to be a figure that set the records with higher heights as he is sets to compete at the Mister Africa International 2025 to be held in Lagos, Nigeria.

DISABILITY MATTERS

WHEN LOVE SEES THE SOUL, ALL BARRIERS FALL AWAY.

For many persons with disabilities, conversations about love, dating, marriage, and friendships still come wrapped in stereotypes, silent biases, and awkward questions. The truth is, love has no physical requirements. Friendship has no wheelchair clause. Marriage vows never say, "only if you're able-bodied."

Growing up with a disability, I honestly thought love wasn't possible for me. I remember one particular day at school during a game where we had to pick partners. To my surprise, one of the most sought-after girls in school chose me. I was caught completely off guard, but in that moment, a small seed was planted. Similar moments happened throughout my childhood, moments when people chose me, included me, and even admired me. But as I got older, reality began to sink in. I started to wonder: Was love ever truly going to be possible for me?

Every failed attempt at a relationship felt like confirmation that I was being rejected because of my disability. Every successful one left me second-guessing, wondering if the other person stayed only out of pity. Sometimes I would think, If she accepts me, what will her friends say? Will they advise her to leave me? My heart lived in a cycle of doubt; doubt in others and doubt in myself.

I have also come to learn that people often value things that hold no eternal worth, and that love is no longer purpose-driven. Too often, the choice to enter into a relationship is based only on emotions, looks, curves, money, or body preferences. There is nothing inherently wrong with appreciating these things, but I often wonder: What happens if you step into a relationship built solely on them, and three months later they are gone? What will be left to hold you together? True love must be built on something deeper, something that time and circumstance cannot erase.

The turning point for me came when I realised I first needed to love myself and validate my own worth. I didn't need the approval of men or the sympathy of strangers to measure my value. I began looking at myself through the lens of what God says about me. Love is not about what society thinks of your body; it's about what you know to be true about your soul. When I embraced that truth, my heart opened again.

It was at a youth prayer meeting that I met the woman who would become my wife. She didn't see me as "the disabled guy", she simply saw me. Today, we are blessed with children, and my life is living proof that love is possible for persons with disabilities. Love brings comfort, stability, and a deep sense of belonging, the very things every human heart longs for.

The truth is, the foundation of any relationship, romantic or platonic is connection. What matters most is shared values, mutual respect, emotional safety, and joy. And I had to make sure my wife and I clicked on all those points. Whether you walk, roll, sign, or speak, love responds to who you are at the core. If you live with a disability, dating can bring extra challenges; inaccessible venues, curious stares, or people making assumptions. Personally, because of my short stature, I used to make sure we were always seated before I brought up love matters, it made me feel more comfortable and confident.



To my colleagues and friends with disabilities, I say: own your narrative. Choose spaces that make you feel safe and welcome. Set boundaries that make it clear respect is non-negotiable.

Marriage is not only possible, it is beautiful when built on communication, teamwork, and a shared vision. True friends and partners see you, not your wheelchair, cane, or physical difference. They include you because they want you there, not because they feel obliged.

Love beyond labels is about redefining how society measures worthiness in relationships. To those who are able-bodied; yes, you can find true love in persons with disabilities. It is your turn to prove that beauty, romance, and deep friendships are not limited by ability.

Because at the end of the day, love is not about the body you inhabit, it's about the soul you carry. And when two souls truly see each other, labels fall away, barriers dissolve, and what remains is something pure, unshakable, and eternal. My hope is that the next generation won't have to ask, "Is love possible for someone like me?" but instead will grow up knowing, deep in their hearts, that love is their birthright, just as it is for every single one of us.



PAUSE THE SCREEN, PURSUE THE DREAM

Hey Arise Ambassadors,

Let me remind you of something powerful today: You weren't created to scroll your life away. There is a vision inside you, a purpose only you can fulfill and endless screen time is stealing your focus, your energy, and your destiny. It's so easy to get lost in endless swipes, memes, and updates, thinking you're relaxing but slowly drifting from your calling. But here's the truth: God didn't design you to be distracted. He called you to make a difference.

STATS TO KNOW

- The average youth spends over 4 hours daily on screens that add little to real growth.
- Excessive screen time has been linked to anxiety, depression, and poor sleep.
- Too much scrolling feeds comparison, procrastination, and emptiness while your God-given ideas sit untouched.

WHY JOIN THE MOVEMENT?

Because your purpose is too precious to waste. You deserve clarity, creativity, and courage to step into your calling and that doesn't live behind a screen. Joining this movement means choosing vision over distraction. It's about waking up excited to build, create, serve, and live fully present not just virtually entertained.

LET'S TALK ABOUT IT

The pull of the screen is strong but so is your calling. Every hour scrolling could be an hour writing that song, launching that business, mentoring someone, or praying about your next step. You were made to build something that lasts and likes and views can never replace true impact.

TAKE ACTION NOW

- Screen Fast: Take daily breaks to reconnect with your goals and God.
- Purpose Hour: Replace one hour of scrolling with reading, praying, or planning your vision.
- Real Moments: Spend time face-to-face with friends and mentors who uplift you.
- Curate Your Feed: Unfollow distractions; follow pages that spark purpose.

You don't have to watch others live out their dreams, you can live yours. Step away from the screen. Step into your purpose.

#LessScrollMoreSoul #PurposeOverPixels #LiveBeyondTheScreen #FocusOnPurpose #AriseTogether



LIGHTING THE WAY: HOW JUDITH MBITA IS TRANSFORMING LIVES THROUGH FAITH, EDUCATION, AND ACTION.

AMBASSADOR OF THE WEEK

In communities where young voices often struggle to be heard, Judith Mbita is proving that one person's vision rooted in faith and compassion can spark transformation that touches countless lives.

As the Founder and Director of the Children Development and Empowerment Foundation (CDEF), Judith leads with both conviction and heart. Under her guidance, this youth-led organization has become a beacon of hope for Zambia's children. Through CDEF, over 150 Climate Change Advocates and more than 150 Menstrual Health Educators have been trained to lead awareness campaigns and peer education initiatives, helping shape a generation ready to protect the planet and empower their peers.

Yet Judith's impact doesn't stop there. Fueled by a desire to restore dignity and opportunity to young girls, CDEF has distributed over 45,000 sanitary pads across Luapula and Lusaka Provinces. Each pad represents more than just hygiene; it symbolizes hope, confidence, and the chance for girls to remain in school and pursue their dreams.

Beyond her leadership at CDEF, Judith serves as the Community Builder Champion for the African Women Entrepreneurship Cooperative (AWEC). In this role, she supports women and youth navigating business challenges, encouraging them to design innovative, practical solutions that uplift entire communities.

True to her passion for mentorship and faith-based leadership, Judith is now launching the Beyond the Bench Mentorship Series. This initiative will guide university students in leadership, entrepreneurship, and career growth, all framed by the power of faith. Through conversations with Christian professionals, participants will discover how Christ's influence can shape purpose-driven lives and careers.

At the core of Judith's work lies an unshakable belief: that faith, education, and community action together can transform Zambia's youth into leaders who change not only their own stories but the stories of generations to come.

Judith Mbita's story isn't merely about programs, statistics, or positions. It's about stepping up boldly to create spaces where children, girls, and youth discover their worth and potential. Her journey is a call to each of us: to rise beyond our fears, embrace our unique purpose, and build a brighter tomorrow.

Through her example, we're reminded of a timeless truth: When faith guides your vision and service grounds your mission, you don't just walk a path, you create a light for others to follow.



Hey Arise Ambassadors,

Let's pause for a wealth check. Not just "How much money do you have?" but "What resources has God placed in your hands... and are you using them?" Remember that money isn't the only currency that moves dreams forward. God has already given you other powerful currencies; relationships, ideas, skills, faith, character that can open doors money can't. But too often, we sit on these treasures like buried gold, waiting for a bank loan or a big break, while the resources we need to start are already within our reach. We doubt our value. We ignore our networks. We downplay our skills. We trade creativity for comparison. We let fear keep us from knocking on doors that would open if we just showed up.

REAL TALK: WHAT DOES WASTING YOUR NON-MONETARY CURRENCIES LOOK LIKE?

- Not using your skills because you're waiting for "the right time."
- Failing to follow up on connections that could help you grow.
- Refusing to start small because you can't start big. Keeping your ideas in your head instead of sharing them.
- Talking yourself out of opportunities because you don't have money, yet.

TIME TO CHECK YOUR RESOURCE STEWARDSHIP

- Am I investing my talents daily or letting them collect dust?
- Who in my network could I collaborate with today?
- What can I create with what I have right now?
- Am I waiting for money to start when I could start with creativity, service, or influence?
- If I didn't have a single coin, what would I still have to build with?

THE GIFT OF THINKING BEYOND THE BANK

Living beyond the bank means refusing to let money or the lack of it, be your ceiling. It's realizing God has loaded you with assets that don't depreciate: faith, wisdom, skill, reputation, persistence. It's being a steward of what's already in your hand, so more can be placed in your care. You don't have to wait for the perfect conditions to move forward. You have to recognize the currencies you already carry and put them to work.

START SMALL, START NOW

- List three non-monetary assets you have (skills, people, opportunities).
- Reach out to one person today who can help you take a step forward.
- Share your idea publicly, don't keep it locked up.
- Trade your skill for what you need (barter, collaborate, volunteer). At the end of the day, ask: "Did I invest my resources well?"

YOU'RE NOT BROKE, YOU'RE RICH IN OTHER CURRENCIES

God didn't design your dream to die because of an empty wallet. He designed it to thrive because of your faith, creativity, and perseverance. Every connection you nurture, every skill you sharpen, every opportunity you seize is a deposit into your future. Don't let money be your only measure of readiness. Don't bury the treasures you already have. Don't wait for "someday" when today is a seed with power to multiply. So Ariser, look beyond the bank. Build with what you have. And remember some of the richest builders in history started with nothing but a God-given idea and the courage to act.



A MESSAGE FROM ALMON SALL TO THE AFRICAN YOUTH.

MY JOURNEY BEGAN WITH REJECTION, DOUBT, AND MOMENTS WHEN QUITTING SEEMED EASIER THAN CONTINUING BUT I CHOSE TO BELIEVE IN MYSELF EVEN WHEN OTHERS COULDN'T SEE WHAT I SAW. TO EVERY YOUNG AFRICAN READING THIS, REMEMBER: GREATNESS IS NOT HANDED TO YOU, IT'S BUILT THROUGH RESILIENCE, DISCIPLINE, AND FAITH.

YOU DON'T HAVE TO COME FROM PRIVILEGE TO WALK IN PURPOSE. WHAT YOU NEED IS THE COURAGE TO START, THE PATIENCE TO GROW, AND THE DETERMINATION TO KEEP SHOWING UP EVEN WHEN THE SPOTLIGHT IS OFF. YOUR DREAM IS VALID WHETHER IT'S IN FASHION, SCIENCE, BUSINESS, OR ART. AFRICA NEEDS YOUR CREATIVITY, YOUR STRENGTH, AND YOUR VOICE. STAND TALL, STAY FOCUSED, AND NEVER LET FEAR DEFINE YOUR FUTURE. YOU WERE BORN TO SHINE, NOT TO SHRINK.

ALMON SALL KAMARA
MODEL | ACTOR | YOUTH AMBASSADOR | MR. SIERRA LEONE



WHY THE NEXT LEVEL OF AFRICAN BUSINESSES MUST BE SYSTEMS-DRIVEN BY DR. WALUBITA SIYANGA

In this age of relentless innovation, it's no longer enough to simply start a business, you must build one that runs without you. The next level of business is not about hustle alone; it's about systems.

I've personally trained thousands of entrepreneurs to launch and scale online businesses. And here's what I tell every single one of them: Your talent and passion are not enough. If you want to impact millions, your business must be able to grow without you micromanaging every decision, every sale, every process.

We're living in an era where your competitor is not the shop across the street; your competitor is a teenager with Wi-Fi and a laptop who understands automation better than you do. If you're still trying to manually handle everything; stock, sales, marketing, payments, you're already outdated.

Systems scale what talent starts. Systems make sure the customer experience stays consistent at 10 clients or 10 million. Systems let you expand without burning out or losing quality.

Think about Tesla, SpaceX, or any modern tech giant, the founder's vision lights the spark, but systems drive the machine. Without systems, even the best ideas die in chaos. This is the lesson African businesses must urgently learn. Too many brilliant businesses are trapped in survival mode because they depend solely on the owner's daily grind. We can't build sustainable, global enterprises like that. If we're serious about creating jobs, building generational wealth, and competing on a global stage, then systems must become the new standard.

Here's the reality:

- If you want your business to run while you sleep, you need systems.
- If you want to train staff who execute with excellence, you need systems.
- If you want investors to trust your growth plan, you need systems.

Systems are not optional. They are oxygen for any next-level business. It's time for African entrepreneurs to stop building businesses that revolve around a single personality. Let's build businesses that run on processes, data, and automation, businesses that can outlast us. When your systems are right, you're no longer hustling for survival; you're engineering scale, speed, and sustainability. That's how we'll transform African businesses from local hustles to global powerhouses. The question is: Are you ready to put systems in place? Or will you keep doing everything by hand until the market leaves you behind? The future will not wait for you to catch up. Design your systems or get disrupted by someone who did.



ANNA'S JOURNEY: EMBRACING UNIQUENESS TO FIND YOUR POWER

My name is Anna Chama, and I am a human resource student and an advocate. But before that, I was a little girl in Lusaka's Garden Compound, who saw my skin change in a way I didn't understand. At just five years old, a patch of vitiligo appeared on my forehead, and soon, it began to spread like a bushfire. In a world where everyone around me looked the same, my differences made me feel isolated.

I was that child in the playground who felt the sting of discrimination and the awkward silence of friends who were scared to get close. I was "the girl with two colors," and the judgment I faced chipped away at my self-esteem. My childhood, a time meant for carefree joy, became a time of feeling judged and watched. I couldn't express myself, and I often felt trapped in a skin that drew unwanted attention.

Then, one day, at the age of 12, something shifted. I watched a TV show about self-confidence, and a tiny seed of courage was planted in my heart. In that moment, I made a choice; a choice to start picking up the pieces of my lost self and to build a powerful vitiligo girl. I told myself, "It's time to shine, be confident, and tell my story to lift another person."

That's when my journey of advocacy began. It wasn't just about my skin; it was about empowering anyone with low self-esteem to find their voice and their confidence.

To anyone out there who might be looking down on themselves because of a condition, a circumstance, or any difference that makes you feel apart, I want you to hear this: You can do it. You can be the best version of yourself. The only thing that truly matters is self-love. Surround yourself with positive people, but most importantly, put yourself first. Being different isn't a flaw; it's a unique quality that identifies you and sets you apart.

Today, I am incredibly proud of the woman I am becoming. My journey has taught me that the biggest battle is the one we fight within ourselves. By choosing to love myself and put my well-being first, I've transformed my life.

Remember, your uniqueness is your superpower. Embrace it, love it, and use it to inspire others. The world is waiting for your light to shine.

SDG Street Talk: Spreading Awareness, One Goal at a Time

Purpose: To raise awareness and spark conversations about the Sustainable Development Goals (SDGs) through creative, youth-led street engagement.

- Plan a Location & Date
 Pick a high-traffic area and set a 2–3 hour time slot.
- Gather a Youth Team Recruit 17 volunteers—each representing one SDG.
- Design Simple Visuals
 Make handheld signs, posters, or placards with SDG icons and simple messages like:
- "No Poverty is Everyone's Business" "Climate Action Starts With Us"
- "Girls Deserve to Lead Too!"

Project Summary:
Organize a one-day or weekend street awareness event in a busy part of your community (e.g., marketplace, church, school entrance, or bus stop). Youth volunteers will wear colorful shirts or badges representing one of the 17 SDGs and talk to people about what the goals mean and how they relate to daily life.

- Create Mini Info Cards
 Design and print small handouts that explain what SDGs are and how people can help (e.g., plant trees, avoid littering, support girls' education).
- Engage the Community Go out in teams. Briefly share what your SDG is about, hand out info cards, and ask people, "What's one thing you'd like to change in your community?"
- Document the Moment
 Take pictures, videos, and short testimonials. Share on social media with hashtags like: #SDGStreetTalk #YouthForSDGs #AriseAndAct



Expected Impact:

- Increased community awareness of the SDGs.
- Youth empowered to lead conversations on development.
- Seeds of change planted in everyday spaces.

Optional Add-ons:

- Include a feedback wall or poster where people write one SDG they care about most.
- Invite a local leader or teacher to give a 10minute talk.
- Provide water or snacks to engage passersby.

CULTIVATING HEALTHY HABITS

BUILD A CONSISTENT MORNING ROUTINE, SUCCESSFUL PEOPLE START THE DAY WITH INTENTION

PRAYER, PRAISE & WORSHIP
EXERCISE

MENTAL PLANNING







Speak Your Way to Increase: 9 Powerful Wealth Declarations

RELATIONSHIPS

I disconnect from every wrong association that corrupts my destiny. I open the gates to productive, God-ordained relationships that lift, sharpen, and build me. My destiny helpers locate me without delay.

WISDOM

I have the mind of Christ. I am filled with divine strategies, creative solutions, and kingdom insight. I am a wellspring of ideas that bring transformation.

TALENT

I stir up the gifts within me. My talents make room for me, attract opportunities, and place me before great men. I multiply what God has placed in my hands.

POWER

Holy Spirit, fill me afresh with power from on high. I receive fresh mantles, new anointing, and supernatural boldness to step into every assignment with authority.

KNOWLEDGE & UNDERSTANDING

I am a seeker and keeper of knowledge. I grow in understanding that sets me apart, increases my value, and opens doors to influence and opportunity.

FAVOR

I am surrounded by favor as a shield. Doors I could not open are opening for me. People I have never met speak my name in rooms I have never entered.

A GOOD NAME / REPUTATION

My name is clean, trusted, and honorable. My reputation is a key that unlocks doors money cannot buy. I walk in integrity and excellence in all things.

FAITH

I live by faith, not by sight. I believe for the impossible. I see provision where others see lack. My faith pulls heaven's resources into my reality.

RIGHTEOUSNESS & INTEGRITY

I walk uprightly before God and man. I am a steward of truth, justice, and honesty. My character preserves my influence and multiplies my resources.



My Precious Girls,

I need you to lean in close because this is not just another "good advice" moment, this is destiny talking. As a young woman, your most priceless treasure isn't what the world tries to flaunt, it's your purity. It's not old-fashioned, it's not weakness, it's power. When you guard it, heaven aligns you with assignments and opportunities that no résumé, no connections, and no amount of money could buy.

Look at Esther, she wasn't out here chasing platforms. She was positioned by God, and her purity made her ready for the call. Look at Mary, a young, ordinary girl chosen to carry the extraordinary, simply because she kept herself for God.

Don't sell your destiny for a moment of validation. Don't trade your crown for crumbs. The enemy is slick, he'll package compromise in shiny wrapping, but the cost will always be too high. Guard your values. Protect your name. A good name is like a key, it will unlock rooms money will never open.

I know the pressure is real. I know the times are dark. That's why I'm urging you: find your circle. Build a sisterhood that prays, not gossips. Hold each other accountable. Watch over each other like warriors. Pray like your life depends on it because it does.

And hear me, your destiny is worth the wait. You are worth the wait. Heaven has your name in rooms you haven't even stepped into yet. And while you're preparing, I'm praying for you; covering you, believing with you, declaring over you: you will not fall, you will not break, you will not miss what God has for you.

So, my girl, keep your heart pure, your standards high, and your faith unshakable. You are God's masterpiece; too rare to be common, too valuable to be cheap.

With love and fire,

Mrs. Bupe Mwape Chisha
C.E.O, Arise Magazine



"ONE DISCIPLINED STEP AT A TIME WILL LEAD YOU TO HEIGHTS YOU NEVER IMAGINED."

THE BSLT ARISE MAGAZINE IS A WEEKLY PUBLICATION THAT AIMS TO INSPIRE, IMPACT AND EMPOWER YOUNG PEOPLE WITH TOOLS THAT ENABLE THEM TO LEAD PURPOSE DRIVEN LIVES.



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