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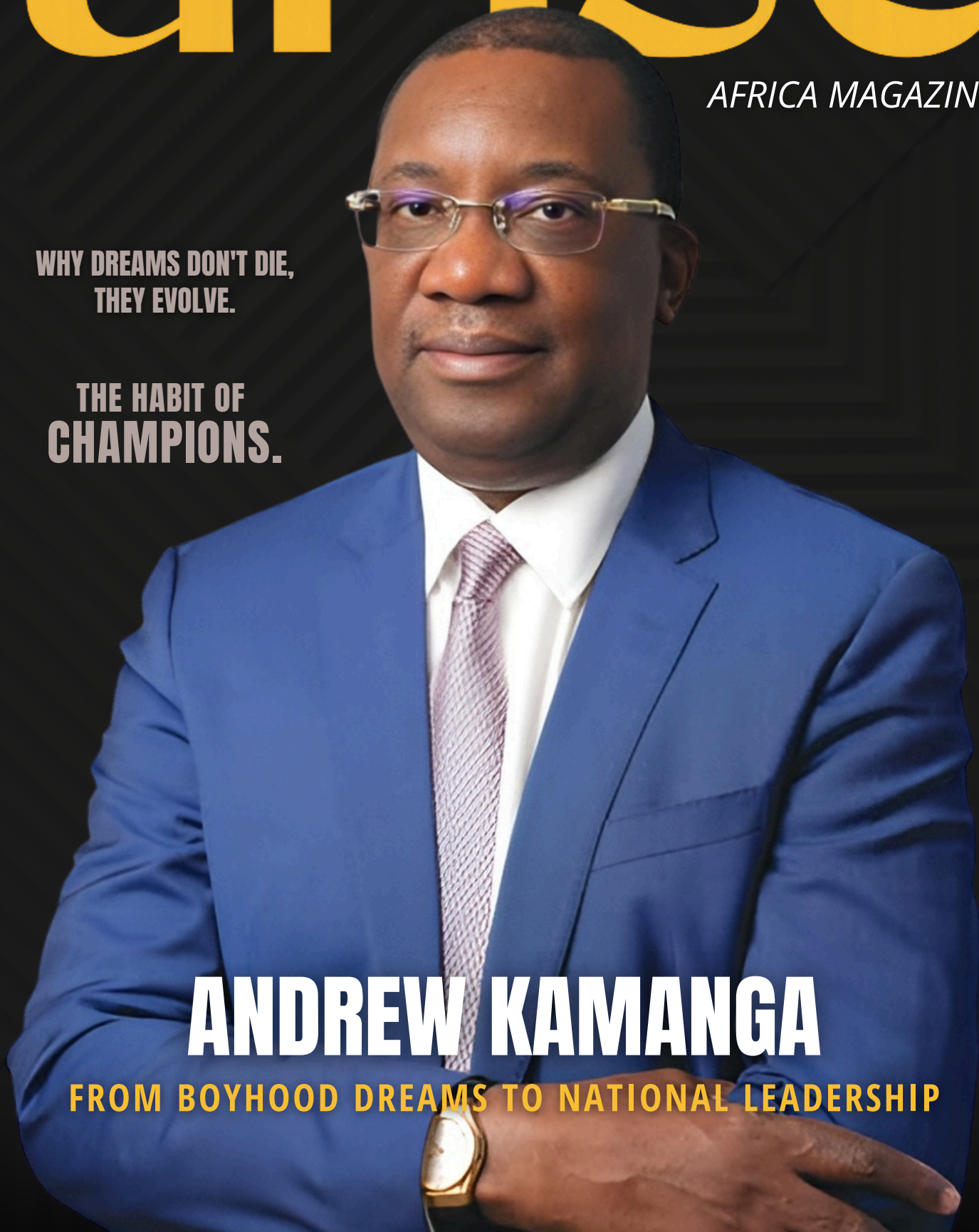
AFRICA MAGAZINE

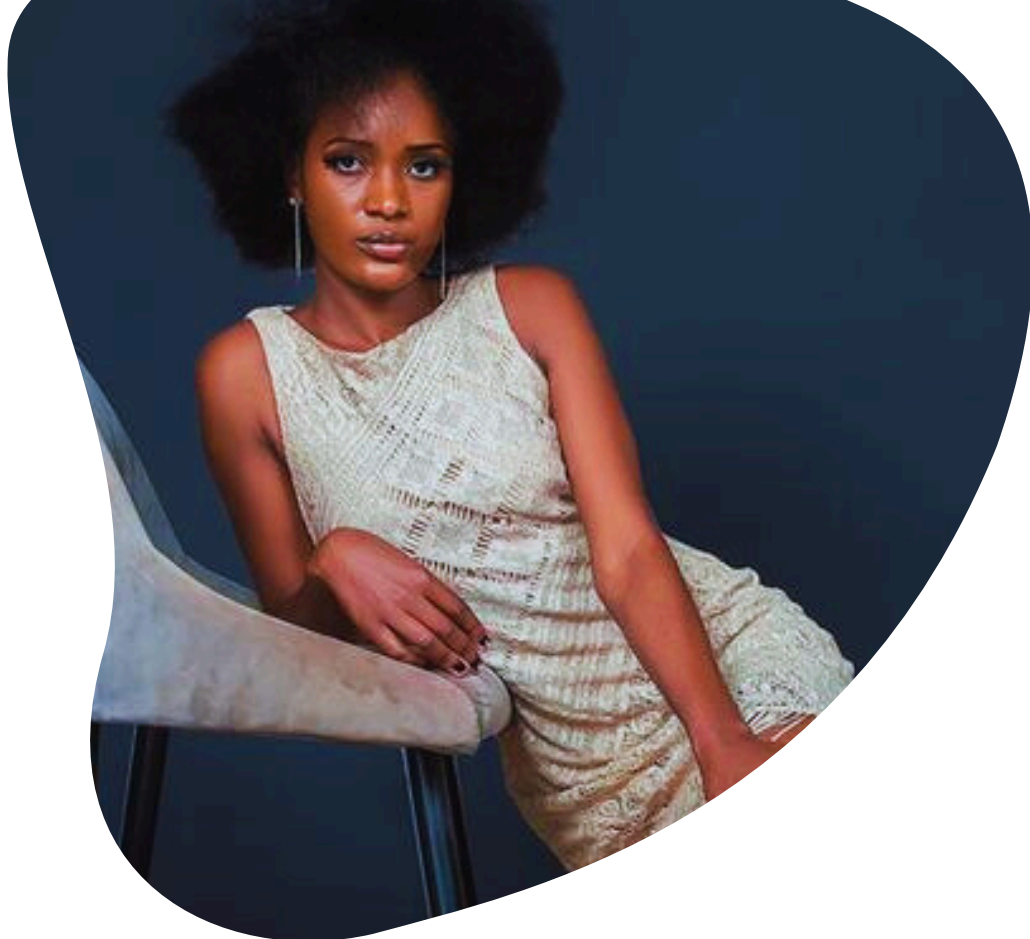
WHY DREAMS DON'T DIE,
THEY EVOLVE.

THE HABIT OF
CHAMPIONS.

ANDREW KAMANGA

FROM BOYHOOD DREAMS TO NATIONAL LEADERSHIP





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Dear Esteemed Young Visionaries,

Welcome to another powerful edition of Arise Magazine.

In a world pulling us in countless directions, one of the greatest skills you can develop is the ability to say “No.” This is not merely about declining invitations; it is about protecting your destiny. It is saying no to distractions, compromise, and anything that seeks to derail your purpose.

Today, young people are bombarded with endless messages and pressures. Peer pressure has evolved and now enters through the very screens we hold in our hands. We must resist the forces that dilute our potential. Your destiny is too precious to exchange for temporary pleasures and fleeting trends.

I know this personally. At one point, I was presented with what many would consider a dream opportunity. I joined a political party and quickly rose to a position of influence. Yet, only a few months later, I made the difficult decision to resign.

It was not a decision born out of fear or failure, but out of clarity about my calling and priorities. In an age where compromise is often mistaken for progress, I chose conviction over comfort. Leadership is not merely the ability to say yes to opportunities. It is also the courage to say no when those opportunities threaten your deeper purpose.

Never forget this: every great destiny is protected by the power of a well-timed “No.” Saying no is not weakness. It is strength, discipline, and self-respect. It preserves what matters most.

This edition of Arise Magazine is dedicated to helping you master this essential skill. Through stories and practical wisdom, we hope to equip you to become a guardian of your purpose and a defender of your future. May you learn to say no to what is good so that you can say yes to what is great.

Prepare to be challenged. Prepare to be transformed. Prepare to rise.

Remember, destiny is rarely destroyed by what we embrace, but by what we fail to reject.

David Ntalasha Chisha
The Visionary

MASTERING THE ART OF NO

FIVE (5) PRINCIPLES TO BOSS UP YOUR CHOICES

In a world that celebrates constant activity and endless connectivity, the ability to say "no" has become one of the greatest competitive advantages. Warren Buffett once observed, "The difference between successful people and really successful people is that really successful people say no to almost everything." Saying no is not rejection; it is strategy. It is choosing the essential over the urgent, the important over the popular, and the future over the immediate. History shows that greatness is determined not only by what people, institutions, and nations embrace, but also by what they refuse. Every yes carries a hidden cost. Here are five principles that will help you boss up your choices.

1. APPLY THE OPPORTUNITY COST FILTER

Economists call it opportunity cost: every choice comes at the expense of another. Steve Jobs understood this when he returned to Apple in 1997 and eliminated nearly 70 percent of its product lines. His decision transformed Apple from a struggling company into one of the world's most valuable corporations. Singapore's founding father, Lee Kuan Yew, applied the same principle. By prioritizing education, trade, and clean governance over short-term populism, Singapore became one of the world's most prosperous nations despite limited natural resources. Before saying yes, ask yourself what you are sacrificing. A meeting may cost you deep work. A distraction may cost you a dream. A temporary pleasure may cost you a lifetime opportunity. Not every opportunity is an assignment.

2. GUARD YOUR DEFAULT SETTINGS

Many people say yes because they fear disappointing others, confusing availability with value. Jeff Bezos has often emphasized the importance of protecting mental energy, while elite institutions rely on systems because they know that default settings determine outcomes. You need personal default settings too. Make "no" your starting point for anything that does not align with your priorities. Raise the standard for access to your time and attention. Decision fatigue is real. Former U.S. President Barack Obama famously wore similar suits every day to reduce trivial choices and preserve mental bandwidth. The lesson is simple: not everything deserves your attention.

3. MASTER THE FULL CALENDAR PRINCIPLE

High-value leaders understand that clarity is more powerful than explanation. Bill Gates became known for taking "Think Weeks," periods of isolation devoted to reading and strategy. Those moments of focused thinking helped shape Microsoft into one of the world's most influential companies. Research shows that interruptions can destroy productive focus, making constant availability a hidden enemy of excellence. An overcrowded calendar is often the enemy of creativity. Simple responses are enough: "I appreciate the opportunity, but I am committed to my priorities," or, "Thank you for considering me, but this does not align with my current focus." When you remove ambiguity, you eliminate unnecessary negotiations. If everything is urgent, then nothing is truly important.

4. SEPARATE KINDNESS FROM PEOPLE PLEASING

Kindness and accommodation are not the same. True leadership requires compassion, but it also demands boundaries. Jesus ministered to multitudes, yet He often withdrew to pray and focus on His mission. Even He understood the importance of protecting purpose. Nelson Mandela emerged from twenty-seven years in prison with a spirit of reconciliation, proving that strength and compassion can coexist. Yet many leaders burn out because they confuse service with self-sacrifice.

Sometimes the most loving response is, "I cannot do this personally, but I can point you to someone who can." Kindness without boundaries becomes slavery, and service without wisdom leads to exhaustion.

5. PRIORITIZE YOUR HIGH-IMPACT HORIZON

Great leaders think long term. China's infrastructure ambitions span decades, while Rwanda's Vision 2050 aims to transform the nation through strategic investment. Institutions such as Harvard have endured because they consistently think beyond immediate results.

Peter Drucker once observed, "There is nothing so useless as doing efficiently that which should not be done at all."

Regularly audit your calendar, habits, relationships, and commitments. Ask whether they are feeding your vision and moving you toward your purpose. If not, elimination becomes necessary. Noise is expensive, distractions are costly, and misalignment is dangerous. Success is not about doing more, but about doing what matters most.

The quality of your life is determined by the quality of your choices. Apple became great because it focused. Singapore prospered because it prioritized. Amazon succeeded because it remained disciplined. Jesus fulfilled His assignment because He understood His mission.

In the same way, you must master the art of selective living. Every yes is a no to something else. Every no is a declaration of value. Every boundary is an act of wisdom.

Do not live by default. Live by design. Destiny is too important to be left to distractions.

Successful people do not rise because they have more opportunities. They rise because they have the courage to say no to good things so they can say yes to great things.

**"DESTINY IS RARELY
DESTROYED BY WHAT WE
EMBRACE, BUT OFTEN BY WHAT
WE FAIL TO REJECT."**



THE HABIT OF CHAMPIONS: THE ARCHITECTURE OF UNCOMMON SUCCESS.

We admire trophies, public recognition, successful businesses, and influential leaders, but what we often fail to see is the process behind those achievements. True champions are not created in moments of applause. They are built quietly through habits practiced consistently long before anyone notices them. Greatness is not an event. It is a lifestyle.

1. The Principle of the First Hour

Most people begin their day reacting to distractions, notifications, and social media. Champions begin differently. They protect the first hour of the day because they understand that a focused morning creates a productive day.

Whether through prayer, reading, exercise, reflection, or planning, disciplined people intentionally prepare their minds before facing the demands of life. Success often begins with how you start your day.

2. Standard Over Mood

Champions are not always motivated. They experience fatigue, doubt, and pressure just like everyone else. The difference is that they do not allow feelings to control their responsibilities. Average people rely on motivation. Champions rely on standards. They do what needs to be done even when they do not feel like it. Once discipline becomes part of your identity, excuses lose their power over your future.

3. The Power of Intentional Isolation

Greatness requires focus, and focus often requires separation from distractions. Champions understand that not every invitation deserves attention. Sometimes growth requires stepping away from unnecessary noise, limiting distractions, and choosing preparation over entertainment. The habits that create public success are usually built in private.

4. The Champion's Daily Blueprint

Champions build structure into their lives. They manage time intentionally, commit to learning consistently, and surround themselves with people who challenge them to grow. They understand that success is not built through random effort but through repeated disciplined actions practiced daily over time. Small habits eventually create extraordinary results.

The Compounding Ledger

Every day, you are either investing in your future or delaying it. Every focused hour, every disciplined choice, and every consistent action compounds over time. You do not need perfect beginnings to build an extraordinary life. You simply need the discipline to keep showing up long enough for the results to appear. The crowd celebrates the victory, but champions are built in the daily process.

Build the habits now, and your future will eventually reflect them.



**ANDREW KAMANGA
FROM BOYHOOD
DREAMS TO NATIONAL
LEADERSHIP.**

By all accounts, Andrew Ndanga Kamanga was never supposed to become one of the most influential figures in Zambian football.

As a young boy growing up in Kabwe, he dreamed of something much simpler. Like countless children across Zambia, he imagined himself wearing the famous Kabwe Warriors jersey, sprinting down the wing and hearing the roar of supporters from the terraces. Football was his passion, and the dream felt within reach.

But life had other plans. When his father encouraged him to prioritize education, Kamanga faced a decision that many young people encounter: pursue a childhood dream or invest in a future yet unseen. He chose the classroom.

Little did he know that the path he was taking would eventually bring him back to football not as a player, but as a leader entrusted with shaping the future of the game itself.

BUILDING A FOUNDATION FOR LEADERSHIP

Born in Kabwe on December 21, 1966, Kamanga understood early that education would become his passport to opportunity. He pursued a Bachelor of Accountancy degree at the Copperbelt University, later attended Emile Woolf College of Accountancy to pursue CIMA, and subsequently studied at City University London, where he obtained a Master of Science degree in Energy, Environment, Technology and Economics. Those academic achievements became the foundation of a career that would span finance, business, energy, and sport. Friends and colleagues describe Kamanga as a man driven by discipline, meticulous preparation, and a quiet determination to leave things better than he found them.

A CAREER BUILT ON EXCELLENCE

Long before his name became synonymous with football administration, Kamanga had already established himself in the corporate world. His career began modestly as a clerk at the Bank of Credit and Commerce. From there, he joined global firms including Price Waterhouse and KPMG, where he sharpened his expertise in finance and management. Later, he ventured into the energy sector, serving at Asea Brown Boveri and the Energy Regulation Board. Yet even professional success could not satisfy his entrepreneurial spirit. In 2001, he founded ENFIN Solutions, a company providing financial and energy advisory services. Six years later, he launched North Western Energy, helping bring electricity to mining operations and surrounding communities. It was a venture driven not merely by business ambition, but by a desire to contribute to Zambia's development.

RETURNING TO HIS FIRST LOVE

Though boardrooms occupied much of his professional life, football remained close to his heart. His return to the game came not through the players' tunnel, but through administration. He first served as a committee member and later chairman of Kabwe Warriors Football Club before joining the executive of Power Dynamos Football Club. Those who worked alongside him saw a leader more interested in building institutions than chasing headlines. Then came 2016. At a critical moment in the country's football history, Andrew Kamanga was elected President of the Football Association of Zambia (FAZ), inheriting both the opportunities and the enormous responsibilities that came with leading the nation's most beloved sport. For the boy who once dreamed of playing for Kabwe Warriors, life had come full circle.

TRANSFORMING THE BEAUTIFUL GAME

As FAZ President, Kamanga set out to modernize and strengthen Zambian football. His administration championed financial sustainability, youth development, and the growth of women's football. He advocated for stronger governance structures and worked to position the association on a firmer institutional footing. Through triumphs and setbacks, criticism and praise, Kamanga remained focused on building structures that would outlive individuals. His leadership philosophy has been simple: football should not merely produce results; it should create opportunities and leave a lasting legacy.

THE LEGACY QUOTE

**"LIFE WILL NOT ALWAYS TAKE YOU
WHERE YOU PLANNED TO GO, BUT WITH
FAITH, DISCIPLINE, AND PERSEVERANCE,
IT WILL TAKE YOU WHERE YOU ARE
MEANT TO BE."**

MR ANDREW KAMANGA





SERVICE BEYOND FOOTBALL

Away from football, Kamanga's commitment to leadership and mentorship continues. He currently serves as National Patron of the Zambian Boys' Brigade, becoming only the second person to occupy the position after Zambia's founding President, Dr. Kenneth Kaunda. The role reflects his enduring belief that character, discipline, and service are the pillars upon which nations are built.

WHEN DREAMS TAKE NEW SHAPES

Perhaps the greatest lesson from Andrew Kamanga's journey is that dreams do not always die; sometimes, they evolve. He may never have worn the Kabwe Warriors jersey as the young winger from Kabwe once imagined. Yet destiny had prepared something bigger. Instead of wearing the jersey, he would carry the responsibility of protecting and advancing the game itself. His story is a reminder that success is rarely a straight line. It is a journey shaped by faith, education, resilience, and the willingness to embrace new opportunities when they arise.

A LEGACY STILL BEING WRITTEN

Today, Andrew Ndanga Kamanga occupies a unique place in Zambia's national story. His influence extends beyond football grounds into boardrooms, energy infrastructure, and youth development. But perhaps his greatest contribution lies in the example he has set.

To every young person standing at the crossroads of passion and purpose, his life offers a profound message:

You do not have to abandon your dreams to secure your future. Dreams evolve. Purpose expands. Destiny often arrives in unexpected ways. And sometimes, the boy who never got to wear the jersey becomes the man entrusted with protecting the game. That is the story of Andrew Kamanga. And his legacy, perhaps, is still being written.

THE LEGACY FRAMES





PROTECTING YOUR PURPOSE WITH ONE WORD: NO

MS BUPE MWAHE

You were never created to be everything to everyone. God did not call you to carry the weight of every demand, every request, and every expectation. Sometimes, one of the most powerful and liberating words you can say is simply, no.

For many of us, saying no is difficult. We do not want to disappoint people or appear selfish. Yet sometimes the most loving and responsible thing you can do, for yourself and others, is to establish healthy boundaries.

The good news is that you can say no without being harsh. You can be gracious and kind, yet firm. It may sound like, "Thank you for thinking of me, but I won't be able to make it," or simply, "No, thank you." You do not have to justify every decision. You do not owe anyone an explanation for protecting your peace, your priorities, and your purpose. Those who truly value and respect you will understand.

Saying no is not about rejecting people. It is about directing your energy toward what matters most. When you say no to distractions, you say yes to clarity. When you say no to pressure, you say yes to peace. When you say no to constant demands, you say yes to rest, focus, and purpose. You are not being selfish. You are being wise. You are not shutting people out. You are creating room for what God is doing in your life.

In a world that glorifies busyness, we need to normalize healthy boundaries. We should encourage one another to prioritize emotional, mental, and spiritual well-being. That is how we create environments where people feel safe to be honest, authentic, and whole. Friend, you do not have to run on empty. You do not have to set yourself on fire to keep others warm. Your peace matters. Your time matters. Your calling matters.

Give yourself permission to say no when necessary. Give yourself room to breathe, grow, and focus. Every time you say no to something that drains you, you are saying yes to what strengthens you. Every time you establish boundaries, you choose purpose over pressure and strength over stress.

Do not feel guilty for guarding your heart. Be grateful. You are not being difficult. You are being deliberate. You are not being rebellious. You are being responsible.

When you say no to the wrong things, you create space for the right things to flourish. Often, that is where God does His best work, when we stop trying to do everything and trust Him enough to focus on what truly matters. Remember, every no to distraction is a yes to destiny.

AFRICA'S NEXT REVOLUTION STARTS WITH ONE WORD.

For too long, Africa's development story has been shaped by external agendas, conditional loans, and partnerships that often benefit others more than the continent itself. But true progress will not come from endless compliance. It will come from learning the power of refusal. Saying "no" is not isolation. It is self-respect.

Breaking the Chains of Dependency

Nations that fear rejecting unfavorable aid, debt, or trade agreements often remain trapped in cycles of dependency. Yet history shows that sustainable prosperity is built from within. By refusing predatory deals, African countries can strengthen local industries, expand domestic revenue, and unleash the innovation of their own people.

Defending Sovereignty

"No" is the language of sovereignty. A nation that cannot reject bad agreements risks mortgaging its future. Land, minerals, and strategic assets should not be exchanged for short-term gains. Real leadership means having the courage to walk away from arrangements that undermine national interests or environmental sustainability.

Strength Through Unity

Too often, countries negotiate alone, making it easy for powerful interests to divide and exploit. But through regional cooperation and frameworks such as the African Continental Free Trade Area (AfCFTA), Africa can negotiate from a position of strength. A united continent is far harder to manipulate than isolated states competing against one another.

Setting the Terms of Engagement

Saying "no" does not mean closing doors. It means defining the rules of engagement. Africa must reject relationships that treat it merely as a source of cheap labor and raw materials. The future belongs to nations that insist on local value addition, technology transfer, fair wages, and genuine partnerships.

The Courage to Choose

The ability to say "no" is not an act of hostility. It is an act of maturity. It demands courageous leadership, diversified economies, and strong institutions. Above all, it requires confidence, the confidence to believe that Africa is not seeking permission to prosper.

The Future Belongs to Those Who Refuse Exploitation

Africa possesses the people, the resources, and the potential to shape its own destiny. And perhaps the most revolutionary word the continent can learn is not "yes." It is "no." Because nations that cannot say "no" will never truly be free. The future of Africa will not be decided by those who control its resources, but by those who have the courage to defend them.

EVERY YES HAS A PRICE

There was once a young farmer who inherited a small piece of land from his father. Though the land was modest, his father left him with a dream and a simple instruction: "My son, if you tend this field faithfully, one day it will feed many. But remember, every seed you plant is a decision, and every decision carries a harvest."

Eager to succeed, the young man began working the land. As people discovered his kindness, they came with requests. One neighbor wanted space for his sheep. Another asked to store old equipment. A merchant offered quick money if he abandoned farming, while friends invited him to spend his days pursuing pleasure rather than purpose. Wanting to please everyone, the young farmer said yes to almost everything.

Years passed, and although he was busy, he had little to show for it. His field had become crowded with other people's priorities, and very few seeds had been planted. One day, an old gardener stopped by and asked, "Young man, why is your field empty?" The farmer replied, "I work hard and help everyone, but I have no harvest."

The old man smiled and said, "Your problem is not that you have said too many no's. It is that you have said too many yeses." Seeing the confusion on the young man's face, he continued, "Look at the eagle. It says no to living underground. The lion says no to eating grass. Everything in creation fulfills its purpose because it refuses to become everything."

Then the old gardener added, "Great nations prosper because they choose. Great companies succeed because they focus. Great people rise because they understand that every yes to the unnecessary is a no to the essential."

Those words changed the young man's life. He cleared his field, returned what did not belong there, and began guarding his time and energy. Some people accused him of changing, but season after season his harvest grew. Years later, travelers from distant lands came to admire his abundance. When they asked for his secret, the farmer simply pointed to a weathered sign hanging above his gate. It read, "Every seed you plant is a decision, and every decision carries a harvest."

Then he smiled and said, "I discovered that saying no is not rejecting people. It is protecting purpose. Every no to distraction became a yes to destiny."

Moral: A person who says yes to everything will eventually possess nothing, but the one who masters the art of no will protect his purpose and reap a harvest worthy of his calling.

LEARN HOW TO SAY NO LIKE A PRO!

SAYING "NO" IS SAYING "YES" TO WHAT MATTERS MOST

You can't do everything, and that's okay. Saying no to distractions helps you say yes to your purpose, peace, and progress.

"Let your 'Yes' be 'Yes,' and your 'No,' 'No'..." - Matthew 5:37

NO ISN'T BEING MEAN, IT'S BEING WISE

You're not being rude by saying no. You're being smart. You're guarding your time, energy, and future.
"Be very careful, then, how you live not as unwise but as wise." - Ephesians 5:15

KNOW WHO YOU ARE, AND NO GETS EASIER

When you know your identity and values, it's easier to say no to what doesn't align.

"Do not conform to the pattern of this world, but be transformed by the renewing of your mind." - Romans 12:2

YOU DON'T HAVE TO PLEASE EVERYONE

Trying to make everyone happy will wear you out. You were called to follow God's path, not everyone's opinion.

"Am I now trying to win the approval of human beings, or of God?" - Galatians 1:10 (NIV)

PROTECT YOUR PEACE LIKE IT'S GOLD

If it costs your peace, it's too expensive. Your mental and spiritual health matter.

"Above all else, guard your heart, for everything you do flows from it." - Proverbs 4:23

EVEN JESUS SAID NO SOMETIMES

Jesus didn't say yes to every crowd or demand. He knew when to rest, when to pray, and when to walk away.

"But Jesus often withdrew to lonely places and prayed." - Luke 5:16

YOU DON'T NEED A BIG EXPLANATION

"No" is a full sentence. You don't have to explain or apologize for protecting your purpose.

"It is for freedom that Christ has set us free." - Galatians 5:1 (NIV)

STOP SAYING YES TO EVERYTHING.

In a world that rewards busyness and constant availability, one of the greatest skills you can develop is the ability to say no. Most people think refusal is simply a communication skill, but it is really a psychological discipline. Behind many unnecessary commitments lie hidden fears: the fear of disappointing others, missing opportunities, or being misunderstood. Yet saying no is not about rejecting people; it is about protecting your purpose.

Many of us were raised to believe that being agreeable is the same as being good. As adults, this conditioning often turns us into people pleasers. We say yes to avoid conflict and overcommit ourselves to maintain relationships. But your value is not determined by how available you are. Even Jesus, despite the endless needs around Him, withdrew from the crowds to pray and focus on His assignment. Boundaries are not selfish; they are essential.

Another reason people struggle to say no is the fear of missing out. We assume that opportunities are scarce and that turning one down will close doors forever. Yet history teaches the opposite. Warren Buffett famously said, "The difference between successful people and really successful people is that really successful people say no to almost everything." Steve Jobs rescued Apple by eliminating distractions and focusing on a few products. Greatness is rarely the result of doing more. It is usually the result of doing fewer things better.

Every commitment also consumes mental energy. Endless meetings, favors, and distractions rob us of the ability to think deeply and create meaningfully. Former U.S. President Barack Obama simplified even his wardrobe because he wanted to reserve his energy for more important decisions. Successful people understand that attention is a precious asset, and they guard it carefully.

Human nature contains an interesting paradox. People often respect those who have clear boundaries more than those who are constantly available. Great institutions preserve standards, successful companies protect priorities, and nations secure their borders because boundaries preserve identity. Likewise, a polite but firm no communicates self-respect and clarity of purpose. Those who value you will respect your boundaries, and those who resent them may be the very people you need to keep at a distance.

Perhaps the greatest misconception about saying no is that it is an act of rejection. In reality, no is often a commitment to something greater. You are not saying no to people; you are saying yes to your priorities. Peter Drucker wisely observed, "There is nothing so useless as doing efficiently that which should not be done at all." A no today does not mean never. It simply means not now, not this, and not at the expense of what matters most.

Ultimately, mastering the power of no is about reclaiming ownership of your life. It is about moving from reaction to intention and from busyness to purpose. Every unnecessary yes is a tax on your attention, while every wise no is an investment in your future.

Remember this: the people who change the world are not those who say yes to everything. They are those who have the courage to say no to distractions so they can say yes to their destiny

A LOVE LETTER TO MY DAUGHTERS

My Dearest Daughters,

Nothing brings me greater joy than seeing you grow into women who love God, walk in truth, and shine His light. Words cannot fully express the depth of my love for you or the prayers I carry in my heart for your lives.

Choose your role models wisely. Surround yourselves with women of wisdom, strength, and integrity who reflect the character of Christ. "Walk with the wise and become wise, for a companion of fools suffers harm." (Proverbs 13:20). Let their lives inspire you to pursue righteousness.

Do not be deceived by what you see on social media. Much of what the world celebrates is carefully curated and far from reality. True beauty is found in a heart that seeks God. "Your beauty should not come from outward adornment, but from your inner self, the unfading beauty of a gentle and quiet spirit, which is of great worth in God's sight." (1 Peter 3:3-4).

Guard your purity and never allow the world to define your worth. You are precious in God's eyes. "For this is the will of God, your sanctification." (1 Thessalonians 4:3).

Above all, keep your eyes on God. He is your strength and your guide. "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths." (Proverbs 3:5-6).

Remember, the choices you make today shape your tomorrow. Choose wisdom over popularity, purpose over pressure, and faith over fear. Let your life be a testimony of God's love and grace.

I pray that you will become women of virtue, compassion, courage, and unwavering faith, leaving a legacy that honors God.

Remember this, my daughters: Character will take you farther than beauty. Purpose will outlive popularity. A life surrendered to God will always shine brighter than the applause of the world.

*With all my love,
Dr Precious Gondwe*





**"SAYING NO TO WHAT
IS GOOD CREATES
ROOM FOR WHAT IS
GREAT."**

ARISE AFRICA MAGAZINE – SPECIAL EDITION SPOTLIGHTS LEADERS, INNOVATORS, AND INDIVIDUALS WHO ARE SHAPING AFRICA'S FUTURE. THIS EDITION IS DEDICATED TO INSPIRING, IMPACTING, AND EMPOWERING YOUNG PEOPLE WITH PRACTICAL TOOLS AND TRANSFORMATIVE INSIGHTS TO LEAD PURPOSE-DRIVEN LIVES.



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